## Better health and wellbeing



An Australian Government Initiative

## What are Primary Health Networks (PHNs)?

PHNs are organisations funded by the Australian government to improve the health of the people who live and work in their region. There are 31 PHNs across Australia. Primary health care is the frontline of Australia's health care system. GPs, nurses, allied health professionals and other primary care providers service the community in a range of ways including health promotion, prevention and screening, early intervention, treatment and management.

## Who are we?

CESPHN was established to strengthen primary care, work towards integration across sectors and commission health services to meet the health needs of the local community. We support the people who live and work in the central and eastern Sydney region.





What do we want?

Our vision is better health and wellbeing of the people who live and work across central and eastern Sydney. We do this by improving and transforming care. Our goals are to contribute to health outcomes including fewer preventable deaths and hospitalisations, reduced health inequities and increased prevention behaviours such as screening and immunisation.

## What do we do?

We support primary care through practice improvement, local health system integration and the commissioning of health services in the community that address gaps and needs in their local area.

We provide programs and services to support health professionals, including practice support and education. We also commission services across key priority areas including:

- Aboriginal health
- aged care
- mental health
- suicide prevention
- sexual health
- alcohol and other drugs
- maternal and child health
- cancer management and screening
- intellectual disability
- chronic disease management and;
- domestic and family violence.

We put a strong focus on people and places experiencing inequities in healthcare and we focus on supporting people with complex issues relating to health and wellbeing.

For more information, visit www.cesphn.org.au