

# Are you living with **DOMESTIC VIOLENCE?** tell your doctor

## economic abuse

e.g. taking or restricting money, demand to know where every dollar goes.

## isolation

e.g. controlling contact with friends, family and services, where and when you can go.

## sexual abuse

e.g. any unwanted sexual contact, sexually degrading language.

## threats and intimidation

e.g. smashing things, showing weapons, driving recklessly, threats; of suicide, to hurt, or to kill which may lead to murder.

## physical abuse

e.g. kicking, hitting, hair pulling, strangling, using weapons, punishing.

## emotional abuse

e.g. degrading name calling, isolation, humiliation, jealousy to justify actions.

## children or pets

e.g. hurting or threatening to harm children, using visitation rights to harass, abusing pets.

## spiritual/religious/cultural abuse

e.g. prevent from following religious, cultural or spiritual beliefs, misusing practises to punish, forcing to act against beliefs.

**Tell your health professional or call 1800 737 732**

**RESPECT**

**NONE OF THESE ARE OK!**