

FOOT CARE OPTIONS WITHIN THE SYDNEY LOCAL HEALTH DISTRICT



Normal feet, Inability to self-care (eg frail elderly, vision impaired, disabled)

Refer to a private podiatrist. See the Podiatry Association website: www.podiatry.org.au
If >65, refer for foot care via My Aged Care for frail elderly (www.myagedcare.gov.au Ph: 1800200422).
NDIS eligible clients may include podiatry in their plan.



Foot pathology + Low risk of foot ulcer/amputation (LOPS or PAD + deformity)

Refer to a private podiatrist, MyAgedCare, NDIS depending on eligibility or
Refer to SLHD podiatry hospital care if clinically indicated* - submit a referral via HealthLink Smart, or
send an SLHD podiatry intake form or referral letter via email: SLHD-Podiatry@health.nsw.gov.au.



Moderate - High risk of foot ulcer/amputation (LOPS &/or PAD +/- prev foot ulcer, amputation or ESRD)

Refer to a private podiatrist or
Refer to SLHD Podiatry if hospital-based care is clinically indicated*.

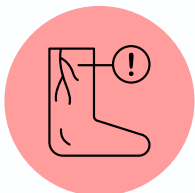


Foot ulcer, infection or suspected Charcot Foot

Urgent referral to a High Risk Foot Service (HRFS), if they live in the SLHD:

RPAH Diabetes Centre HRFS (diabetes only)
Email: SLHD-RPAHHighRiskFoot@health.nsw.gov.au
Ph: 9515 5888 Fax: 9515 5820

CRGH HRFS
Email: SLHD-Podiatry@health.nsw.gov.au
Ph: 97677395 Fax: 97675297



Foot infection associated with systemic features (SIRS) or Acute limb ischaemia

Refer immediately to local emergency department

SYDNEY LOCAL HEALTH DISTRICT PODIATRY SERVICE INFORMATION



Sydney Local Health District (SLHD) podiatry service locations:

Canterbury, Concord, Balmain and Royal Prince Alfred Hospitals.
Croydon and Marrickville Health Centres.



Go to Sydney Health Pathways for further referral information



SLHD podiatry services:

- Multidisciplinary management of foot ulceration, infection and Charcot Foot.
- Preventative foot care for people at Moderate - High risk of diabetes-related foot disease and people receiving renal replacement therapy (dialysis).
- Telehealth and phone consultation to assist in the shared care management of foot pathology.
- Biomechanical review as part of the Osteoarthritis Chronic Care Program.
- CHSP provider for the provision of foot care for frail elderly people >65 (referrals must be submitted via My Aged Care Portal www.myagedcare.gov.au or Tel: 1800 200 422).



Referral considerations*:

- Referral must reside in the SLHD catchment.
- Appointments are allocated based on the risk of developing foot complications, foot pathology, relevant co-morbidities, indigenous status, mental health and financial disadvantage.
- Foot ulceration, Charcot Foot (diabetes-related foot disease) are given priority appointments.
- The SLHD is not an NDIS provider.

Abbreviations:

- PAD: Peripheral artery disease
- LOPS: Loss of protective sensation
- ESRD: End-stage renal disease
- CRGH: Concord Hospital
- RPAH: Royal Prince Alfred Hospital

SLHD Podiatry contact details

Central intake office:

Location: Concord Hospital

Phone: 9767 7395

Email: SLHD-Podiatry@health.nsw.gov.au

Fax: 9767 5297

