## RACF Outreach

(Residential Aged Care Facility Outreach Service)

RACF Outreach Service provides assessment, consultation and support for residents in Residential Aged Care Facilities (RACF) across the Sydney Local Health District.

#### The team includes:

Health

- Specialist aged care nurses, including Transitional Nurse Practitioners (TNP), Clinical Nurse Consultants (CNC) and Clinical Nurse Specialists (CNS)
- Consultant Geriatricians and Geriatric Advanced Trainees

### When should I contact RACF Outreach?

- Concerns for your resident's clinical condition
- Comprehensive Geriatric Assessment medical and nursing
- Wound care assessment and management
- Falls assessment and management
- Behavioural issues
- Advanced Care Planning
- Management of gastrostomy tubes
- Assessment of change in cognition or function
- Follow up post hospital discharge
- Facilitating RACF resident access and transfer to ward and other hospital services
- Education for RACF Staff

#### ACT provides clinical telephone triage:

support and advice for RACF staff and GPs in the clinical care of residents living in RACFs.

The ACT team includes experienced Registered Nurses (RN) who will work together with RACFs to achieve the best outcomes for their residents.

# Right care at the right time in the right place

Our service works to maximise resident centred care and quality of life. The service aims to work with the resident, their family, the GP and the RACF staff to provide proactive, comprehensive, holistic and integrated care. We aim where possible to manage a resident according to their wishes in the RACF if this is appropriate.

#### How do I refer to RACF Outreach?

Call Access Care team (ACT): 1300 722 276

Email: SLHD-ACTCallCentre@health.nsw.gov.au

8am-8pm, 7 days a week (Including public holidays)

For more information and referral links visit us at (*or scan the barcode for access*): www.slhd.nsw.gov.au/acrs/findaservice.html

