

How can you improve health outcomes for patients with an intellectual disability?



There are over **13,000** people in Central and Eastern Sydney with **intellectual disability**

Central and Eastern Sydney PHN is implementing the Australian Government Primary Care Enhancement Program, supporting health professionals to care for people with intellectual disability – **Project GROW**.

Project GROW will provide:



Education

Strengthening skills and knowledge of primary care providers



Navigation

Improving coordination of care and streamlining referral pathways



Advocacy

Facilitating equitable access to health services and improving system integration




GROW

*Supporting people
with intellectual
disability*




*Ensuring people with
intellectual disability can
access the right care, at the
right time, at the right place.*


Compared with the general population, people with intellectual disability experience:




High rates of mental health conditions




High rates of preventable health conditions




A life expectancy of 54 years



Over 2 times the rate of avoidable deaths



Over 2 times the rate of hospital admissions



Longer hospital admissions

Project GROW offers:

- Intellectual disability practice support: Book an in practice visit by following these links [EOI form](#)



- CPD training: Scan the QR code below and search for 'intellectual disability', or [register here](#)



- Intellectual Disability Service Navigator:

Phone support is available to primary care providers and service providers.

Ph: (02) 9304 8637 or (02) 9304 8613

The GROW project team are eager to work with primary care providers to identify and address the challenges faced when engaging with this vulnerable population.

For more information, visit the GROW website or contact the project team at IntellectualDisability@cesphn.com.au.

