

# GETTING OUT

## DISABILITY

We know that coming out of prison and settling back into the community is difficult for many people. It can be even harder when you have a disability and need someone to help you. There have been some changes recently because of COVID-19 in terms of how disability services are working. Talk to CRC about your support needs and we will do our best to help you find the services you need. You can call CRC on (02)9288 8700 between Monday and Friday.



### Who do I call to talk to about finding disability support?

**People with Disability** (PWD) is a good place to talk to someone about your disability and getting support. PWD has a free service called Wayfinder Hub that you can call on **1800 843 929**. To use that service, you need to call up and leave a message with your name and number. Someone will call you back. The call will come from a private number.

**Council for Intellectual Disability** (CID). If you have an intellectual disability, you can **1800 424 065** to talk to someone about getting help. This number is free.

**COVID - 19 Disability Information helpline** (The Australian Government Department of Social Services Helpline) **1800 643 787**.

**IDEAS** - Offers phone information for everything disability related: **1800 029 904**

### Will my usual disability support service still be able to help me?

Most disability support services are still running but may only be able to provide support by phone or internet. This might make it more difficult for you to feel supported and get the help you need. If you already have a disability support worker or service that helps you, phone them to ask how they can help you.

### What about the NDIS?

The NDIS is still running but during COVID-19 many meetings and appointments are by phone. They have an action plan to make sure everyone who gets help from them keeps getting help. NDIS participant plans may be extended by up to two years, depending on your situation. This means you do not need to worry about your plan ending too soon. The NDIS has set up a special helpline for people during COVID. You call **1800 800 110** then press 5.

If you already receive the disability support pension then this will continue as normal during COVID-19. People who were already receiving the disability pension before March 2020, and people who became new recipients of the disability support pension between March 12th and 13th April (inclusive), also receive a one-off \$750 Economic Support Payment. If you don't think you have received this payment, you can call the COVID-19 Disability information helpline on **1800 643 787**.



### Websites and phone numbers for further information

Centrelink Disability Support Pension line: call 132 717 or

[www.servicessaustralia.gov.au/individuals/services/centrelink/disability-support-pension](http://www.servicessaustralia.gov.au/individuals/services/centrelink/disability-support-pension)

[www.ndis.gov.au/coronavirus/participants-coronavirus-covid-19](http://www.ndis.gov.au/coronavirus/participants-coronavirus-covid-19)

[www.pwd.org.au/get-help/wayfinder-hub](http://www.pwd.org.au/get-help/wayfinder-hub)

