

**GP Guidelines for Public Hospital Referrals for Pelvic Floor Problems in
St George and Sutherland Shire area:**

Type of problem	Referral to:
<p>Pelvic floor problems (men and women) Including:</p> <ul style="list-style-type: none"> • Urinary and Faecal Incontinence • Urgency • Prolapse • Dyspareunia and vaginismus • Defaecation issues 	<p>For all patients in St George and Sutherland Shire for pelvic floor physiotherapy refer to: Pelvic Floor Physiotherapist Physiotherapy Department St George Hospital KOGARAH NSW 2217 Phone: 9113 2163 Fax: 9113 3075</p> <p>For urogynaecological review refer to: Pelvic Floor Unit St George Hospital KOGARAH NSW 2217 Phone: 9113 2272 Fax: 9113 3546</p>
<p>Musculoskeletal problems such as pelvic girdle pain and low back pain in the antenatal and post natal period (up to 6 months post-partum)</p>	<p>For patients living in St George area refer to: Pelvic Floor Physiotherapist St George Hospital KOGARAH NSW 2217 Phone: 9113 2163 Fax: 9113 3075</p> <p>For patients living in Sutherland Shire refer to: Physiotherapy Department Sutherland Hospital CARINGBAH NSW 2229 Phone: 9540 8300 Fax: 9540 7717</p>
<p>For third and fourth degree perineal tears:</p>	<p>Patients from St George Hospital and Sutherland Hospital are directly referred from the post-natal ward to the Perineal Tear Clinic at St George Hospital for 6 week follow up. If your patient has missed their follow up appointment, GPs can refer patients to the Perineal Tear Clinic</p> <p>GPs can also refer directly to the Perineal Tear Clinic if your patient has sustained a third or fourth degree perineal tear and did not deliver at St George or Sutherland Hospital. Refer to: Perineal Tear Clinic Pelvic Floor Unit St George Hospital KOGARAH NSW 2217 Phone: 9113 2272 Fax: 9113 3546</p>