

# CENTRAL AND EASTERN SYDNEY PHN'S COMMISSIONED SERVICES

## Drug and Alcohol Services - Community Guide

The services outlined below do not provide crisis support. If you or someone close to you is experiencing distress or is in immediate danger dial 000

### FACE-TO-FACE SERVICES FROM EARLY INTERVENTION TO HIGH NEEDS

For resources and links to drug and alcohol support please visit [www.cesphn.org.au/general-practice/help-my-patients-with/drug-and-alcohol-support](http://www.cesphn.org.au/general-practice/help-my-patients-with/drug-and-alcohol-support)

#### Community Restorative Centre (CRC): Alcohol and other Drug Transition

Holistic outreach-based rehabilitation to assist with community reintegration for people exiting custody. Support includes pre-release engagement and AOD counselling. Accessible via a Service and Programs Officer (SAPO), parole officer or case manager. The team includes identified Aboriginal and Torres Strait Islander AOD workers.



#### Odyssey House Community Services: Alcohol and other Drugs Counselling

Individual and group AOD counselling, SMART Recovery, care coordination and aftercare. Groups delivered in a range of locations.

Free assessment by Odyssey Team. Free call: 1800 397 739  
E: [ceses@odysseyhouse.com.au](mailto:ceses@odysseyhouse.com.au) | W: [www.odysseyhouse.com.au](http://www.odysseyhouse.com.au)



#### ACON: Substance Support Program

ACON provides counselling for people of diverse sexuality and gender, their partners, friends and family in relation to their drug and alcohol use. Counsellors assist clients to reach their goals to manage use, reduce or quit. Clients are supported to develop skills and strategies for relapse prevention, harm minimisation and self-care. Clients can be linked in with a range of ACON programs including care coordination and sexual health testing. Support available via telephone, online or face to face in in Surry Hills.

T: 9206 2000 Free call: 1800 063 060 |  
W: [www.acon.org.au](http://www.acon.org.au)



#### The Haymarket Foundation: Drug and Alcohol Counselling Service

Drug and alcohol counselling, care coordination, referral and waiting list support for people who experience disadvantage and are at risk of homelessness and seek drug and alcohol treatment. Delivered by an experienced clinical psychologist. Depending on a person's needs, support can include individual and group psychotherapy, harm minimisation, relapse prevention, psycho education, crisis intervention, family and couples psychotherapy. Counselling provided via telehealth or face to face in Woolloomooloo.

T: 9331 1969 Mon-Fri for appointment or drop in A: 140 Cathedral St, Woolloomooloo | W: [www.haymarket.org.au/home](http://www.haymarket.org.au/home)

#### The Haymarket Foundation: Waiting List Support Service

Information about available drug and alcohol interventions, as well as ongoing support for people who are waiting to access services. Services include individual and group psychotherapy, care coordination, service navigation support, information and referral and advocacy. Delivered via telehealth or face to face in Woolloomooloo.

T: 9331 1969 Mon-Fri for appointment or drop in A: 140 Cathedral St, Woolloomooloo | W: [www.haymarket.org.au/home](http://www.haymarket.org.au/home)

#### Uniting Medically Supervised Injecting Centre: Mental Health Nurse Coordinator

The Mental Health Nurse Coordinator is a team member at the Medically Supervised Injecting Centre (MSIC) in Kings Cross, a non-judgmental, harm reduction drop-in service for people who inject drugs. This role provides mental health support depending on a client's needs, including brief intervention, assertive follow-up, referral and navigation to access services such as primary health and mental health services.

T: 9360 1191 A: 66 Darlinghurst Rd, Kings Cross  
W: [www.uniting.org/msic](http://www.uniting.org/msic)

#### The Salvation Army: Pathways Maroubra

A non-residential program providing individual drug and alcohol support, care coordination, referral and therapeutic group work. Self-referrals accepted. Available via telehealth and face to face in Maroubra Junction.

Self-refer T: (02) 9314 2166 or drop in.

For your nearest centre visit: [www.salvos.org.au/need-help/addiction-rehabilitation](http://www.salvos.org.au/need-help/addiction-rehabilitation)

#### The Salvation Army: OASIS Youth Support Network

A non-residential drug and alcohol program for homeless and disadvantaged youth aged 16-25. Choices supports young people to develop a range of skills to enable a stable, balanced lifestyle through a range of supports.

T: 9331 2266 A: 365 Crown Street, Surry Hills |  
W: [www.salvos.org.au/oasis](http://www.salvos.org.au/oasis)



#### The Station Drug and Alcohol Service

A drop-in and support service for people experiencing homelessness, providing drug and alcohol counselling, care coordination, advocacy and referral. Located in Sydney CBD.

By appointment and drop in services.

T: 9299 2252 | W: [www.thestationltd.org](http://www.thestationltd.org)

#### Weave Youth and Community Services: Speak Out Dual Diagnosis Program

Care coordination, counselling, information, referral support and group activities for young people (aged 12-28) experiencing mental health and drug and alcohol support needs. Drop-in centre.

T: (02) 9318 0529 A: Corner Elizabeth & Allen Streets, Waterloo |  
W: [www.weave.org.au](http://www.weave.org.au)



#### We Help Ourselves (WHOS): Withdrawal Management Program

A low to moderate withdrawal service for people on entry to WHOS residential programs. WHOS is a therapeutic community in Lilyfield with a focus on abstinence, opioid substitution treatment, reduction or stabilisation.

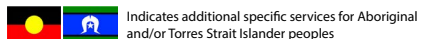
T: 8572 7471 | W: [www.whos.com.au](http://www.whos.com.au)



#### WHOS Rozelle Day Program - WHOS Hub

WHOS Hub is a day program providing psychosocial interventions through structured individual or group work. The Hub assists clients seeking admission to the residential program, maintaining treatment momentum while awaiting entry and provides a drop-in point and a program for those who have left WHOS residential programs.

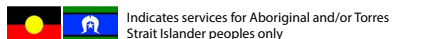
T: (02) 8572 7444 | W: [www.whos.com.au](http://www.whos.com.au)



Indicates additional specific services for Aboriginal and/or Torres Strait Islander peoples



Indicates specific services for young people



Indicates services for Aboriginal and/or Torres Strait Islander peoples only



Indicates additional specific services for culturally and linguistically diverse peoples (languages other than English)



Indicates additional specific services for LGBTQIA communities



Indicates additional specific services for women

Central and Eastern Sydney PHN acknowledges the traditional custodians of the land on which we work and strongly support practices that provide culturally appropriate services to Aboriginal people.

**phn**  
CENTRAL AND  
EASTERN SYDNEY

Phone 1300 986 991 | [cesphn.com.au](http://cesphn.com.au)

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