

POLAR Walkthrough – Quality Improvement Measure 3

Proportion of patients aged 15 and older, with no BMI recorded, calculated based on a recorded height and weight.

Purpose: This walkthrough will demonstrate how to generate a patient list of patients who do not have a recorded BMI.

Please note: This walkthrough will review patients who do not have any recorded BMI (missing either height or weight, or both), for the purposes of the PIP QI, patients should have their weight recorded annually.

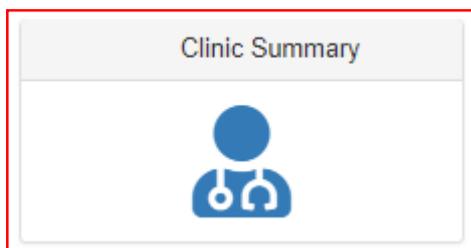
Patient cohort:

All patients who:

- Are “RACGP active”, meaning they have had 3 visits in the past 2 years
- Are aged 15 years or older
- Do *not* have a recorded BMI (both height and weight required)

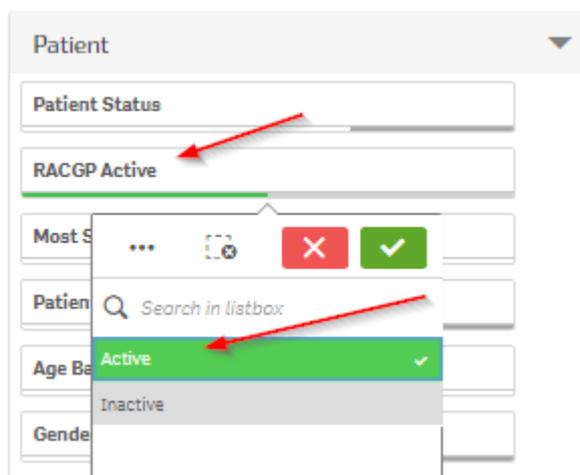
POLAR Report

Clinic Summary



1. RACGP active patient filter

1.1. Use the **PATIENT** filters, and select *Active* from the **RACGP ACTIVE** filter list. Remember to select the tick to confirm your selections.



2. Patients aged 15 and over

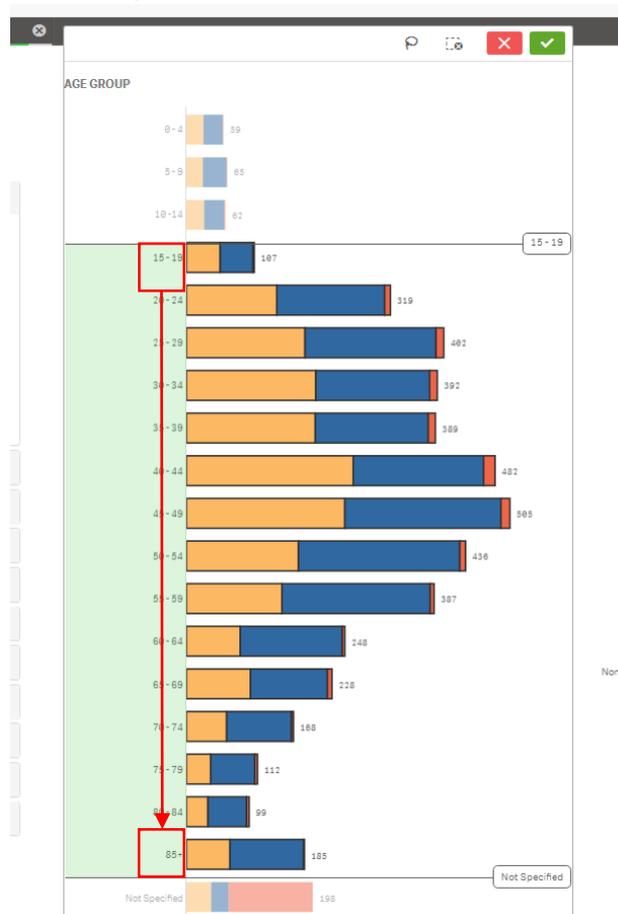
2.1. From the **Patients** menu, select the **Patients** menu item

The screenshot shows the POLAR dashboard with the 'Patients' menu open. The main statistics are:

- 4,843 PATIENTS** (Total)
- 4,843 ACTIVE PATIENTS**
- 412 RACGP ACTIVE PATIENTS**
- 22,774 ACTIVITIES**

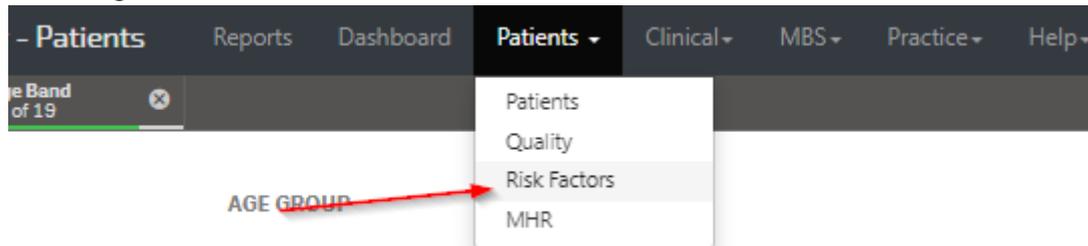
Filters on the left include Patient Status, RACGP Active, Most Seen Clinician, Patient Age, Age Band, Gender, Activity, Provider, and Diagnosis.

2.2. In the **Age Group** visualisation, on the text for the first age group (15-19) click and hold down the mouse button while dragging the cursor down to highlight the remaining age groups. Finally, click the **Green tick**.



3. Filter to patients who do not have a BMI recorded

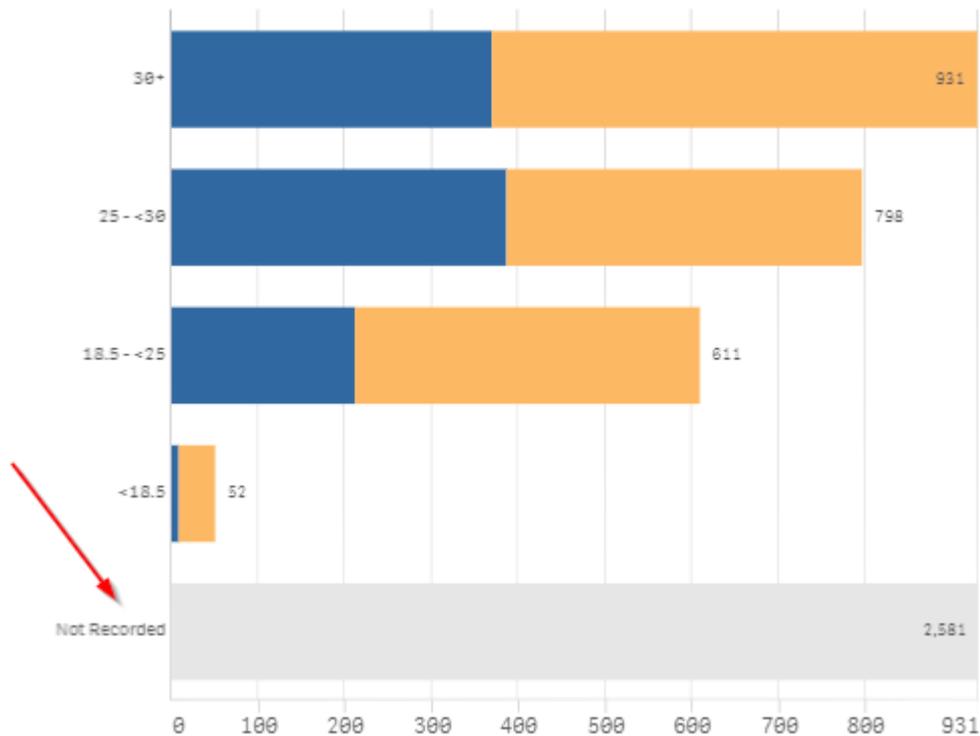
3.1. Using the **Patients** menu, select the **Risk Factors** item.



1

3.2. From the **BMI** visualisation, click on the *Not specified* bar.

BMI

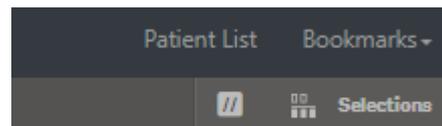


4. Viewing the Patient list

4.1. Double click the **Patient Count** or click **Patient list** to view the patient list



OR



4.2. At the top of the patient list, click “Export to Excel” as required.

<input checked="" type="checkbox"/> Export to Excel			
ID ↑	Surname	First Name	Gender
<input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>

We hope you find this POLAR walkthrough useful. If you have any queries, please feel free to contact the POLAR support team:

p. (03)8822 8444

e. support@outcomehealth.org.au