

# QUALITY IMPROVEMENT ACTIVITY (QIA) PLANNING SHEET



Name of Practice:

Date:

Name of QIA:

Self-collected specimens for Chlamydia testing in your practice

## Quality Improvement Team

Names	Roles/Responsibilities

### GOAL

(Simple, Measurable, Achievable, Realistic, Timely) What are we trying to accomplish and when?

To offer chlamydia screening to all young people (under 30 years) at least annually. Asymptomatic people can self-collect their own specimen.

### MEASURES

What data will we use to track our improvement?  
Eg Pen CAT/POLAR

We will use our POLAR/Pen CAT data extraction tool to track patients diagnosed with STI's and create our own register of those offered treatment.

### INITIAL BENCHMARK

What is our current data saying?

Our practice currently does not proactively screen patients for chlamydia.

### IDEAS

What changes will we make that will lead to an improvement?  
NB: These ideas are not practice specific and are designed to give you some general ideas.

The QI Team should develop these ideas together.

To assist with clinical decision making, consider using HealthPathways, see:  
HealthPathways Sydney: <https://sydney.communityhealthpathways.org/> Username: connected  
P/w: healthcare

HealthPathways South East Sydney: <https://sesydney.healthpathwayscommunity.org/>  
Username: sesydney  
P/w: healthcare

1. Familiarise yourself with [Australian STI Testing Guidelines](#) for young people and the [STI/HIV Testing Tool](#).
2. Nurses can play a considerable role in STI testing – see [here](#) for nurse STI training, and/or complete [Sexual Health Competency Standards for Primary Health Care Nurses](#).
3. Set up a self-collection station in your practice bathroom using [this poster](#).
4. Let all patients know that “We encourage all sexually active young people to get tested regularly for STIs. Would you like a sexual health check-up today?”.
5. If a patient tests positive it is important that contact tracing and partner notification occur to prevent reinfection and reduce transmission. See the [STI/HIV Testing Tool](#) for advice on how to conduct contact tracing/partner notification and use online partner notification tools - [let them know, better to know](#). Book an appointment for re-testing in 3 months as re-infection is common.
6. For resources about STI management in young people and other patient groups [click here](#).

# QUALITY IMPROVEMENT ACTIVITY (QIA) PLANNING SHEET



PLAN How will we do it?				DO Did we do it? Unexpected problems?	STUDY Review/reflect on results Lessons learnt What did/didn't work well?	ACT Next steps? Review or extend activity?
What	Who	When				
1						
2						
3						
4						
5						
6						



You are one step closer to becoming a PCMN practice.