

Antenatal Schedule of visits for RHW during COVID-19 pandemic

Nullip/Multip = Same schedule

6-12 weeks	GP	<p>Normal protocol with screening bloods, MSU & prenatal screening for aneuploidy. Give morphology referral, Flu Vax, early diabetes screening if needed (as per new protocol).</p> <p>Fax referral to RHW OPD (9382 6118), if urgent review by obstetrician/and or medical physician is required if any of the following: significant medical condition (e.g.Type1 or Type 2DM, hypertension, renal or liver disease, autoimmune disease, medical immuno-compromise), past IUGR, past pre-eclampsia, past pre-term birth, past stillbirth/neonatal death, abnormal antenatal screening test result.</p> <p>Ask woman to access RHW website to make online submission for booking appointment. Fax all pathology and ultrasound results (93826118) after review of 12 week ultrasound.</p>
14-16 weeks	RHW- Tele	Hospital Booking + psychosocial screening Review results
20-21 weeks	GP	<p>Review morphology scan results Boostrix if 20 weeks or more Flu Vax if not yet given Give request form for 26 week blood test</p>
22 weeks	RHW – F2F	DV screening check
26-27 weeks	Blood test	2 hour 75mg OGTT, FBC, (Ferritin only if at risk for anaemia), blood group and antibody screen
28 weeks	GP FTF	<p>Check results & give paper copies Boostrix & Flu Vax if not yet given</p>
31-32 weeks	RHW – F2F	<p>Anti-D Specifically discuss fetal movements Promote early postnatal discharge</p>
34 weeks	GP F2F	F2F antenatal visit for nulliparous women (optional for multips)
36 weeks	RHW – F2F	<p>Anti-D LVS, (FBC only if risk factors for anaemia) Bedside scan for presentation LSCS booked/RFA (where applicable)</p>
38 weeks	GP	Discuss postnatal supports
39 Weeks	RHW – F2F (Optional for multips)	Offer sweep
40 weeks	RHW – F2F	Vaginal examination/sweep, IOL booked

Postnatal 1-4 wks	GP Tele	Special tele-health item number valid until Sept 2020
Postnatal 6 wks	GP F2F	Mother and baby

Information for noting:

- RHW currently appointments are – 30mins (10mins admin, 15-20mins with woman).
- Aware that mental health in the current climate is fragile for women and that GPs are an important resource. Encourage women to see their GP at any time if they are concerned.

Abbreviations:

F2F= face to face, Tele= telephone, GP= general practitioner, DV= domestic violence

FBC= full blood count, LVS= low vaginal swab, LSCS= caesarean section, RFA= recommendation for admission, IUGR= intrauterine growth restriction