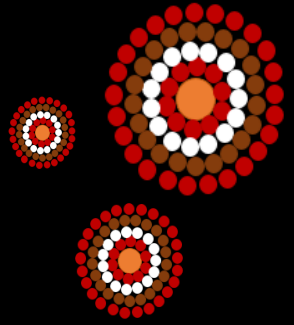


# CORONAVIRUS (COVID-19) AND OUR COMMUNITY



#KeepOurMobSafe

## WHAT IS COVID-19?

It is like the flu or a cold and COVID-19 spreads from person to person. You can catch it when someone coughs near you. Everyone should get tested even for minor symptoms

## WHY TEST?

COVID-19 can be very dangerous especially for our mob and people who already have health problems

## WHEN TO TEST?

If you have any of these symptoms:

- Fever
- Sore/scratchy throat
- Shortness of breath
- Coughing
- Runny nose
- A loss of smell

For more COVID-19 information  
call  
0439 413 094



## HOW TO TEST?

A medical professional will swab inside your nose and throat which is sent off for testing

## WHERE TO TEST?

You can get tested at any hospital or go to this link for a list of all testing clinics in South Eastern Sydney:

[www.seslhd.health.nsw.gov.au/covid-19-clinics](http://www.seslhd.health.nsw.gov.au/covid-19-clinics)





#KeepOurMobSafe




**ARE YOU  
ABORIGINAL  
AND/OR TORRES  
STRAIT ISLANDER ?**

**IF SO, PLEASE  
LET THE  
NURSE OR  
STAFF KNOW**

Our Aboriginal Support Team are here to help!

 0439 413 094 - Monday to Friday 9am-4pm

 [SESLHD-PublicHealthUnit-COVID19AboriginalSupport@health.nsw.gov.au](mailto:SESLHD-PublicHealthUnit-COVID19AboriginalSupport@health.nsw.gov.au)

