## CENTRAL AND EASTERN SYDNEY PHN: MENTAL HEALTH AND ALCOHOL & OTHER DRUGS WORKING PARTY ACTION PLAN



# A LOCAL WORKFORCE APPROACH TO SUPPORTING INTEGRATED CARE

# Implement new or enhanced approaches to



- Identify existing local services that include elements of an effective model of coordinated care or create opportunities to trial new models.
- Determine scope of project (location, target population, organisations involved, time, cost, and an evaluation framework)
- Implement pilot project

coordinated care

 Promote project learnings across platforms and expand provision of effective coordinated care.

### Increase availability of clinical supervision



- Promote opportunities for workforce to become clinical supervisors
- Include clause for Clinical Supervision within CESPHN MH & AOD contracts
- Arrange joint supervision sessions across MH & AOD workforce
- Increase information about Clinical Supervision within Comorbidity Guidelines<sup>2</sup>

### Improve access to evidence based resources and training

- Identify & promote MH & AOD cooccurring best practice training and resources through strategic and targeted communications to GPs, Allied Health, NGOs and Pharmacists
- Develop webpage on CESPHN website<sup>1</sup> to become a repository of information
- Include requirement for MH & AOD workforce development in CESPHN commissioned service provider contracts
- Investigate practice development and education opportunities for General Practice in MH & AOD
- Determine key training themes and criteria required for endorsed training and specific areas of practice to target; utilising workforce development frameworks and NSW Clinical Care Standards.

### Provide training scholarships and subsidised placements

- Offer seeding grants to MH/AOD workforce for the provision of ongoing professional development
- Fund placements in accredited training and qualifications
- Foster cross-collaboration and communication across MH & AOD through pilot projects, such as Randomised Coffee Trials<sup>3</sup>



#### Key

MH = Mental Health
AOD = Alcohol and Other Drugs

#### References

1 CESPHN website www.cesphn.org.au

2 Marel C, Mills KL, Kingston R, Gournay K, Deady M, Kay-Lambkin F, Baker A, Teesson M. Guidelines on the management of co-occurring alcohol and other drug and mental health conditions in alcohol and other drug treatment settings. (Accessed 30th September, 2020)

3 Randomized Coffee Trials - Hume-Border Region 2017, Dual Diagnosis and Other Complex Needs (Website) (Accessed 12th October 2020)

#### Acnowledgements

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