

# St George & Sutherland Hospitals

## GP Shared Antenatal Care Protocol Summary 2022

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
<b>GP</b>  <b>6-10 wks</b>	<ul style="list-style-type: none"> <li>➤ History and examination</li> <li>➤ Provide details of hospital services and options of care</li> <li>➤ Assess interest in and suitability for GP shared antenatal care</li> <li>➤ Complete booking referral form and obtain patient consent for information sharing.</li> <li>➤ Woman to phone or book online. Booking pack sent by ANC</li> <li>➤ Discuss iodine and Folic acid supplementation</li> <li>➤ Recommend seasonal flu vaccination at any gestation</li> </ul> <p><b><u>ROUTINE INVESTIGATIONS:</u></b></p> <ul style="list-style-type: none"> <li>• FBC</li> <li>• Blood group and antibody screen</li> <li>• Haemoglobin EPG (please refer to flowchart on CESPHN website and refer to partner testing)</li> <li>• Rubella serology</li> <li>• Syphilis screening</li> <li>• Hepatitis B (surface antigen)</li> <li>• Chlamydia &lt;25yrs or high risk</li> <li>• Varicella VZ IgG (if not sure of previous exposure)</li> <li>• HIV antibody and Hepatitis C antibody screening (with informed consent)</li> <li>• MSU for M/C/S</li> <li>• 75g 2 hour Pregnancy OGTT (based on GDM high risk factors)</li> <li>• Cervical screening test if due (safe at any time in pregnancy)</li> <li>• Vitamin D – screen and treat</li> </ul> <p><b><u>OPTIONAL TESTS:</u></b></p> <ul style="list-style-type: none"> <li>• 10-12 weeks - Chorionic Villus Sampling (CVS)/NIPT &gt;10wks</li> <li>• 11-13 weeks- Nuchal translucency +/- PAPP-A &amp; Free βhcG</li> <li>• 14-16 weeks -Amniocentesis</li> <li>• CMV for high risk groups (e.g. childcare workers)</li> </ul> <p><b>Ensure copies of all tests are copied to clinic</b></p>	<p><b>Early Pregnancy Information</b></p> <p><i>Options for care</i></p> <p><i>Previous experience/expectations</i></p> <p><i>Pathology tests/ results</i></p> <p><i>Nutrition &amp; exercise in pregnancy</i></p> <p><i>Get Healthy in Pregnancy referral</i></p> <p><i>Pelvic floor exercises</i></p> <p><i>Reducing/quit smoking</i></p> <p><i>Alcohol abstinence</i></p> <p><i>Breastfeeding Information</i></p> <p><i>Discuss Chlamydia testing with &lt; 25yr olds and those women 'at risk'</i></p> <p><b>Antenatal classes</b></p>
<b>ANC</b>  <b>10 -14 wks</b> (booking visit)	<ul style="list-style-type: none"> <li>➤ Complete history and booking details</li> <li>➤ Discuss models of care available and assess interest in and suitability for GP antenatal shared care</li> <li>➤ Offer &amp; arrange fetal morphology ultrasound at 18-20 weeks</li> <li>➤ Consider discussing Optional tests where indicated as above</li> <li>➤ Complete 'GP shared care acceptance form' and return to GP</li> <li>➤ Complete psychosocial screen</li> </ul> <p><i>Refer back to GP with completed patient record card (yellow card)</i></p>	<p><i>Pertussis and influenza vaccination information</i></p>
<b>GP</b>  <b>16-28 wks</b> (monthly visits)	<ul style="list-style-type: none"> <li>➤ Routine antenatal visits</li> <li>➤ Recommend seasonal flu vaccination</li> <li>➤ Breastfeeding - refer to hospital Lactation Consultant if previous problems or any concerns</li> <li>➤ <b>20 week NBAC appointment at ANC</b></li> <li>➤ Recommend Boostrix between 20-32 weeks</li> </ul> <p><b><u>FETAL MORPHOLOGY ULTRASOUND.</u></b> 18-20 weeks. Check result and document on yellow card</p> <p><b>Ensure copies of all tests are copied to clinic</b></p>	<p><i>Discuss U/S result</i></p> <p><i>Breastfeeding education</i></p>
<b>GP</b>  <b>28 wks</b>	<ul style="list-style-type: none"> <li>➤ Routine GP antenatal visit</li> <li>➤ Remind RH negative woman anti-D prophylaxis due at 28 weeks, after the antibody screen</li> <li>➤ Recommend <b>Boostrix</b> vaccine to woman and household contacts if not already given</li> <li>➤ Recommend seasonal flu vaccination</li> </ul> <p><b><u>28 WEEK ROUTINE INVESTIGATIONS:</u></b></p> <ul style="list-style-type: none"> <li>➤ FBC</li> <li>➤ Antibody screen for all women</li> <li>➤ All women to have 75gm OGTT (unless already GDM)</li> <li>➤ Vitamin D for women on supplementation</li> </ul> <p><b>Ensure copies of all tests are copied to clinic</b></p>	<p><i>Explain all tests &amp; results</i></p> <p><i>Common discomforts in pregnancy</i></p> <p><i>Pelvic floor exercises &amp; bladder issues in pregnancy.</i></p> <p><i>MH screen if required</i></p>

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
<b>ANC</b> <b>30 wks</b>	<ul style="list-style-type: none"> <li>➤ Review results of all investigations</li> <li>➤ <b>28 weeks prophylactic Anti-D</b> <span style="background-color: black; color: white; padding: 2px 5px;"><b>1st</b></span></li> </ul> <i>Third trimester fetal growth and well-being scan can be considered</i>	
<b>GP</b> <b>33 wks</b>	<ul style="list-style-type: none"> <li>➤ Discuss breastfeeding and refer if previous problems</li> <li>➤ Routine prenatal visits-reassess FBC/ferr for anaemic women</li> <li>➤ Remind RH negative woman anti-D prophylaxis due 34 weeks</li> <li>➤ Recommend <b>Boostrix</b> and seasonal flu vaccine if not already given</li> <li>➤ <b>34 week NBAC appointment at ANC</b></li> <li>➤ <b>34 week prophylactic Anti-D at ANC</b> <span style="background-color: black; color: white; padding: 2px 5px;"><b>2nd</b></span></li> </ul>	<i>Encourage online virtual tour and birthing information</i>
<b>ANC</b> <b>36 wks</b>	<ul style="list-style-type: none"> <li>➤ Assess fetal growth, presentation, etc.</li> <li>➤ GBS Screening – Take low vaginal swab as per protocol</li> </ul>	
<b>GP</b> <b>37- 39 wks</b> (weekly visits)	<ul style="list-style-type: none"> <li>➤ Routine prenatal visits</li> <li>➤ Refer to hospital antenatal breastfeeding groups if needed</li> <li>➤ Recommend seasonal flu vaccine</li> </ul>	<i>Breastfeeding information – positive reinforcement</i>
<b>ANC</b> <b>40 – 41 wks</b>	<ul style="list-style-type: none"> <li>➤ Review</li> <li>➤ Assess suitability for induction of labour (IOL)</li> <li>➤ Arrange/book IOL as appropriate</li> <li>➤ Organise ongoing fetal welfare assessment as appropriate</li> </ul>	
<b>GP</b> <b>6 wks</b> <b>Postpartum</b>	<ul style="list-style-type: none"> <li>➤ Postnatal visit</li> <li>➤ Cervical screening test if due; investigations if required.</li> <li>➤ Assessment – maternal mental health status</li> <li>➤ Book baby assessment and Immunisation (6 weeks)</li> <li>➤ Breastfeeding management - refer if problems</li> </ul>	<i>Child &amp; Family Health Centre &amp; postnatal supports Immunisation / SIDS</i>

### 📞 RESOURCE NUMBERS 📞

SERVICE	SUTHERLAND	ST GEORGE
<b>Antenatal Clinic</b>	9113-2162 Bookings 9540-7245 ANC 9540-7240 Reception 9540-7304 Fax	9113-2162 Bookings 9113-1495 Enquiries 9113-3765 Fax SESLHD-STGANC@health.nsw.gov.au
<b>Birth Suite/Birth Unit</b>	9540-7981 9540-7982 9540-7941 Fax	9113-2126 9113-2125 9113-2388 Fax
<b>Birth Centre</b>	9540-7982 Birthing Rooms	9113-3103/mob 0434568189-urgent only
<b>Diabetes education</b>	All booked through St George > > >	9113-2774 9113-2690 Fax
<b>Ultrasound</b>	9540-8638 Bookings/Enq. 9540-7644 Reception 9540-7643 Fax	9113-3500 Enquires 9113-3585 Bookings 9113-3980 Fax
<b>Mental Health</b>	9540-8203 Social work 9540 8094 Perinatal Mental Health 9540-7831 Acute team(ACTT)	9113-2016 Perinatal Mental Health 1800 011 511 NSW Direct MH Triage 9553 2595 Acute Care
<b>Physiotherapy</b>	9540-8300 Enquiries 9540-7717 Fax	9113-2163 Enquiries 9113 3075 Fax
<b>Genetic Counseling</b>	9113-3635 at St George 9113-3694 Fax	9113-3635 9113-3694 Fax
<b>Drug &amp; Alcohol Counseling</b>	9540-7982 CUPs Service Wed/Thurs	9113-2944 CUPs Service page 479
<b>MotherSafe</b>	The Statewide Medications in Pregnancy and Lactation Advisory Service (02) 9382 6539 or for residents outside Sydney FREECALL 1800 647 848	
<b>Hospital Lactation Supports</b>	9540-7913 Maternity page 468 Mob 0439 805 389 Lactation consultant	9113-2053 Lactation Consultant or 9113-1111 page 181
<b>EPAS (Early Pregnancy Assessment)</b>	9540-7111 Contact O&G registrar page 125	1 West Gynae 0730-0830 Drop-in 9113 3183 Fax Monday-Friday
<b>Breastfeeding &amp; parenting support</b>	Australian Breastfeeding (ABA) 1800 686 268	Karitane 1300 227 464
	Tresillian (24hr) 9787 0855	Parent Line (24hr) 1300 1300 52
		Child & Family Health Central Intake 9522 1049

South Eastern Sydney HealthPathways <http://sesydney.communityhealthpathways.org>

Username: sesydney Password: healthcare