

# MODELS OF CARE

## Public Care:

**Pregnant women should ideally attend their first hospital appointment at 12-18 weeks gestation.**

Please provide a referral to the woman's chosen service as soon as possible once the pregnancy is confirmed (i.e. after the dating ultrasound) following the applicable process below.

<p><b>RPA Women and Babies</b></p>	<p>GP completes SLHD Women's Health Maternity Smartform via Healthlink or via <a href="#">Healthlink Portal</a>. Please attach all available pathology results and ultrasound reports.</p> <p>For practices without Healthlink, referrals can be faxed using the <a href="#">SLHD fax coversheet</a> to (02) 9515 3454.</p>
<p><b>Canterbury Hospital</b></p>	<p>Woman or GP to call hospital to book first appointment on ph. 9153 2091 or ph. 9153 2092. Woman to bring completed <a href="#">Canterbury Maternity Health and Pregnancy History Form</a> and antenatal pathology and ultrasound results to first appointment.</p> <p>Alternatively, referrals and results can be faxed to the Antenatal Clinic on (02) 9153 2635 and the hospital will contact the woman with an appointment time.</p>
<p><b>Concord Hospital Midwifery Group Practice</b></p>	<p>Woman to call midwifery clinic to register interest on ph. (02) 9767 9021. Woman to bring GP referral and antenatal results to first appointment (these can also be faxed to (02) 9767 6074).</p>

There are several models of care available for women during their pregnancy:

### GP Antenatal Shared Care (ANSC): RPA and Canterbury

- Pregnancy care is shared between a general practitioner (if recognised with the GP ANSC program) and one of the following:
  - RPA: Shared care is available with the Midwives Clinic/Antenatal Clinic, Birth Centre or Midwifery and Antenatal Postnatal Service (MAPS).
  - Canterbury: Shared care is available with the Midwives Clinic/Antenatal Clinic or Canterbury Antenatal Postnatal Service (CAPS)
- This model of care is offered to women considered to be healthy and with a low risk pregnancy. If complications arise, the GP will consult or refer with staff at the hospital.
- Postnatal home visits may be provided through the Midwifery @ Home service (subject to availability) for women who live in the hospital's catchment area.
- The ANSC GP is not involved with the labour or birth but may provide a postnatal check-up for both mother and baby once they have discharged from hospital.

### **Midwives Clinic (Antenatal Clinic) – RPA and Canterbury**

- Hospital-based antenatal care, education and advice, provided by the same midwife throughout the pregnancy where possible. The woman may also see a hospital doctor if a medical review is required.
- The hospital birthing unit midwives provide care during labour and birth.
- Postnatal home visits may be provided through the Midwifery @ Home service (subject to availability) for women who live in the hospital's catchment area.

### **Birth Centre – RPA only**

- Midwifery-led care for women with low to medium risk pregnancies, who want minimal intervention during their labour and birth.
- A small team of midwives provide care during the antenatal, labour and birth and postnatal periods, including up to 14 days of postnatal home visits for women who live in the RPA catchment area.
- Midwives collaborate with obstetric doctors and other health professionals if complications arise during the pregnancy. If it is necessary to transfer from the Birth Centre to Delivery Ward during labour, the Birth Centre midwife will continue to provide care in the Delivery Ward.
- Offered at RPA Women and Babies only. Can be offered with GP ANSC model.
- Women can contact the Birth Centre directly on (02) 9515 6405 for more information.

### **Midwifery Group Practice (MGP) – RPA, Canterbury and Concord Hospital**

- Midwifery continuity of care model that provides women with pregnancy, labour and birth and postnatal care by a known (primary) midwife. The primary midwife is supported by a back-up midwife and other members of the MGP team.
- Suitable for women with low to medium risk pregnancies. Each midwifery group practice consults with an obstetrician, who can provide care or advice if needed.
- Early discharge is supported where appropriate, and up to 14 days of postnatal home visits are provided for women who live in-area.
- Offered at RPA Women and Babies, Canterbury Hospital and Concord Hospital. Women receiving care through Concord MGP attend antenatal visits at the Concord clinic and give birth at either RPA or Canterbury Hospital supported by their MGP midwife.
- This is a very popular service with limited availability, so please refer to MGP as soon as possible once the pregnancy is confirmed.
- Women can contact the service directly for further information: RPA 9515 8864; Canterbury 0467 721 622, Concord 9767 9021.

### **Canterbury Antenatal Postnatal Service (CAPS) and Midwifery Antenatal and Postnatal Service (MAPS at RPA):**

- Midwifery continuity of care model that provides women with antenatal and postnatal care by a known (primary) midwife. A 'buddy' midwife is available when the named midwife is off duty. Labour and birth care are provided by the hospital maternity team.

- Suitable for women with low to medium risk pregnancies. Midwives collaborate with obstetric doctors and other health professionals if complications arise during the pregnancy.
- Antenatal and postnatal visits are conducted at either the hospital, the woman's home or at the local Child and Family Health Centre.
- Midwives provide up to 14 days of postnatal home visits for women who live in the hospital's catchment area.
- Can be offered with GP ANSC model.
- Women can contact the service directly for more information:
  - CAPS (Canterbury) on 0436 661 850 or email [slhd-caps@health.nsw.gov.au](mailto:slhd-caps@health.nsw.gov.au)
  - MAPS (RPA) on 9515 4465.

#### **High Risk or Antenatal Doctor Clinics – RPA and Canterbury:**

- Women with complex pregnancies may receive antenatal care through a specialist antenatal clinic, e.g Medical Obstetric Clinic, Hypertensive Disorders of Pregnancy Clinic, Perinatal and Family Support Clinic. Referral to a specialist clinic will generally be arranged at the first hospital visit, or if complications arise during the pregnancy.
- A first trimester consultation in a specialist clinic will be arranged if required based on the information provided in the GP referral.
- For advice on whether an early specialist consultation is required, the GP can contact the GP Shared Care Midwife (0425 230 662) or page the O&G registrar through the hospital switchboard.

## **Private Obstetric Care:**

All appointments and check-ups are completed by a chosen private obstetrician. Contact the private obstetrician directly for further information (a list of obstetricians affiliated with RPA and Canterbury Hospitals is available on [Sydney HealthPathways](#)).