

## GP Antenatal Shared Care: Summary Schedule of care

This is a summary guide for women enrolled in GP Antenatal Shared Care. **Refer to the SLHD [revised antenatal visit schedule](#)** (currently 75% visits conducted face to face) for specific details.

Care must be individualised and this schedule should be regarded as a “baseline” for **minimum recommended visits**. GPs should determine if patients may benefit from additional consultations.

### Please ensure you review all results and act on any abnormal findings:

- For non-urgent clinical advice, contact the GP Shared Care Midwife on 0425 230 662 (Monday-Friday 8:00am-4:30pm).
- For urgent/after-hours clinical advice page the on-call O&G registrar through the hospital switchboard: RPA (9515 6111) or Canterbury (9153 2000).

Administration	
<b>RPA Women and Babies</b>	Complete SLHD Women’s Health Maternity Smartform via Healthlink or via <a href="#">Healthlink Portal</a> . Fax referrals can be sent using the dedicated <a href="#">fax cover sheet</a> to 9515-3454 (referrals and initial results); 9515-7452 (subsequent results).  Models of care that offer ANSC at RPA are the Midwives Clinic (Antenatal Clinic), Midwifery Antenatal and Postnatal Service (MAPS) and Birth Centre.
<b>Canterbury Hospital</b>	Complete <a href="#">Canterbury Maternity Health and Pregnancy History Form</a> : <ul style="list-style-type: none"> <li>• GP or woman phones hospital on 9153 2091/9153 2092 to book first appointment. Woman brings referral form and results to first appointment.</li> </ul> <p><u>or</u></p> <ul style="list-style-type: none"> <li>• Fax referral form and results to 9153 2635. The hospital will contact the woman with an appointment time.</li> </ul> <p>* Please note Canterbury Hospital will adopt Healthlink e-referrals in late 2022.</p> <p>Models of care that offer ANSC at Canterbury Hospital are the Midwives Clinic (Antenatal Clinic) and Canterbury Antenatal Postnatal Service (CAPS).</p>
<b>GP Resources</b>	Click <a href="#">here</a> to access relevant antenatal Sydney HealthPathways.

Timing of visits	
<b>6-10 weeks</b>	<b>GP visit:</b> <ul style="list-style-type: none"> <li>- First visit routine procedures including early GDM screening for high-risk women (1<sup>st</sup> trimester fasting BGL or HbA1c; 2<sup>nd</sup> trimester 75g oGTT at 16-20 weeks)</li> <li>- Give referrals for combined First Trimester Screen (11-13 weeks) and Fetal Anatomy Scan (19-23 weeks)</li> <li>- Commence yellow card antenatal record</li> </ul> Resource: Sydney HealthPathways – <a href="#">Antenatal – First Consult</a>
<b>11<sup>+3</sup> -13<sup>+6</sup> weeks</b>	<b>Combined First Trimester Screen</b> (nuchal translucency ultrasound including pre-eclampsia screen) Resource: Sydney HealthPathways – <a href="#">Screening for fetal chromosomal conditions</a>
<b>12-18 weeks</b>	<b>First Hospital/Midwife visit</b>
<b>19-23 weeks</b>	<b>Fetal Anatomy Scan</b>
<b>4 weekly visits until 29 weeks</b>	<b>GP visit</b> <ul style="list-style-type: none"> <li>- Clinical assessment including review BP, fetal growth and movements; referral for routine fGTT/FBC/Antibody Screen at 26-29 weeks; pertussis +/- influenza vaccine (if not already given)</li> </ul> Resource: Sydney HealthPathways – <a href="#">Antenatal 2nd and 3rd Trimester</a>

# INFORMATION SHEET

<b>30 weeks</b>	<b>Hospital/Midwife visit</b> <ul style="list-style-type: none"><li>- Review GTT/FBC/Antibody Screen result</li><li>- Anti-D for RhD negative women</li></ul>
<b>2-3 weekly visits until 36 weeks</b>	<b>GP visit</b> <ul style="list-style-type: none"><li>- Clinical assessment including: BP, fetal growth/movements, pertussis +/- influenza vaccine (if not already given)</li><li>- Arrange:<ul style="list-style-type: none"><li>o 36 week growth and wellbeing ultrasound if required (routine at RPA)</li><li>o GBS screening (self-collected LVS at 34-37 weeks)</li><li>o 36 week blood tests if required</li></ul></li><li>- Anti-D in <b>hospital clinic</b> at 34-36 weeks for RhD negative women</li></ul> Resource: Sydney HealthPathways – <a href="#">Antenatal 2nd and 3rd Trimester</a>
<b>37 weeks</b>	<b>Hospital/Midwife visit</b>
<b>Weekly visits until 40 weeks</b>	<b>GP visit</b> <ul style="list-style-type: none"><li>- Clinical assessment including review BP, fetal growth/movements</li></ul>
<b>40 weeks</b>	<b>Hospital/Midwife visit</b> <ul style="list-style-type: none"><li>- Offer membrane sweep</li><li>- Discuss/offer and book post-dates IOL for 41+ weeks</li></ul>
<b>Postnatal</b>	<b>GP visit: newborn check (10-14 days); mother/baby check (by 6 weeks)</b> Resource: Sydney HealthPathways – <a href="#">Maternal Postnatal Check</a> , <a href="#">Newborn Check</a>