

Emotional Wellbeing for Older Persons (EWOP)

Referral information

The EWOP program provides mental health services for older people who reside in Residential Aged Care facilities. This program aims to provide psychological and psychosocial therapies.

To access this service a diagnosis of mental illness is required from a GP, a Psychiatrist, a RN or allied health staff.

Who is eligible?

- Residents with diagnosed mental illness
- Residents with severe mental illness who are not being supported by the local Older Persons Mental Health teams (OPMH)
- Residents who may be 'at risk' of developing a mental illness if they do not receive appropriate treatment

Benefits for residents are expected to include

- mood improvements, reduction in anxiety and stress
- increased ability to cope with life changes.
- an increased interest in social activities at the facility
- increased capacity of staff to identify and support residents with mental health needs

Referral process

- Completed Anglicare EWOP Referral form which includes:
- Recently completed Psychogeriatric Assessment Scale score (PAS score)
 - Recently completed Confusion Assessment Method (CAM) result (to exclude delirium)
 - Nomination of diagnosis
 - signed resident consent to the referral

Emotional Wellbeing for Older Persons (EWOP) service is supported and funded by Central and Eastern Sydney Primary Health Network.

To know more, contact us on:

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