

A GP Framework for Child Mental Health Assessment (5-12 years) e-learning course

This child mental health assessment and management e-learning course focuses on the identification, assessment, care planning and support required for children aged 5-12 at risk of or experiencing mental health difficulties. The course is built around three key areas of evidence-based practice – research evidence, practitioner experience, and child and family partner feedback. These elements were considered in the scoping, planning and development of the course, to build a General Practice Framework of:

- knowledge of common child mental health conditions
- engagement skills required when interacting with a child and their family
- practical skills for child mental health assessment and management.

Who is this course for?

This course has been specifically designed for GPs who are seeking to enhance their clinical practice in mental health when working with children aged 5-12 years.

Why was this course developed?

Evidence shows that GPs are the most accessed service among children with social and emotional difficulties. Recent longitudinal data indicates that school aged children with emotional symptoms, hyperactivity and peer problems are likely to have at least one visit to their GP each year¹.

This course was developed to meet this increasing need for support in undertaking child mental health assessment and the management of ongoing care.

¹ Lawrence, D., Johnson, S., Hafekost, J., Boterhoven de Haan, K., Sawyer, M., Ainley, J., & Zubrick, S. (2015). The mental health of children and adolescents: Report on the second Australian Child and Adolescent Survey of Mental Health and Wellbeing. Table 2-2: 12-month prevalence of mental disorders among 4-17 year-olds by sex and age group, p. 26

Visit the course at:
emergingminds.com.au/training



How long does this course take?

This course will take approximately six hours to complete, and includes reading the material, videos and reflective activities. It is designed to be undertaken individually, but can also be used as a prompt for conversations between colleagues.

How was this course developed?

The course was co-designed in collaboration with GPs and parents to ensure content is relevant and realistic to the practitioner experience.

Learning outcomes

As you progress through this course, you will be able to:

- outline the key strengths and vulnerabilities which influence child mental health
- prioritise the key engagement skills required as part of a child mental health assessment
- assess common mental health difficulties in children aged 5-12
- develop a comprehensive management plan related to common child mental health difficulties.

Accreditation

This course is accredited with the RACGP as a CPD Accredited Activity and will attract 40 CPD points.

The course is also accredited by the General Practice Mental Health Standards Collaboration (GPMHSC) as a stand-alone Clinical Enhancement Module (as part of the MHST modular pathway) and with ACRRM as a PDP Accredited Activity.



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