

**PROSTATE  
CANCER  
AWARENESS  
MONTH** TOGETHER  
FOR THE  
LONG RUN  
September 1–30










## What can you do to beat prostate cancer?

Know your risks, download  
the unique data for your postcode.

Scan the QR  
code to look up  
the survival rates  
for your area.



### A SNAPSHOT: Prostate cancer in Australia


-  Most common men's cancer
-  45 men diagnosed a day
-  9 deaths a day
-  230,000 men currently impacted
-  1 in 6 chance of diagnosis by age 85
-  95% of men survive at least five years
-  70% increased risk of suicide

Be proactive about prostate cancer. Talk to your doctor about PSA Testing, and call PCFA for information and a **free info kit**.

 Call 1800 22 00 99

 [pcfa.org.au](http://pcfa.org.au)

Help end the pain of prostate cancer.  
**Register for The Long Run.**

 [thelongrun.org.au](http://thelongrun.org.au)

 Prostate Cancer  
Foundation of Australia

**theLONGrun**