



6th November 2020

Welcome to the Royal Hospital for Women. We look forward to providing you with an exceptional care experience whilst you are with us.

As you are aware, Coronavirus (COVID-19) has been evolving within the broader Sydney community. We would like to assure you we are working closely with NSW Health to monitor, manage and contain the spread of the virus and in view of these challenges, we have updated our visiting policy to the Newborn Care Centre to keep everyone safe and reduce any exposure of the virus to your loved ones in the hospital. You will now be required to wear a mask in the hospital.

To support us in this important work, only parents will be allowed to visit during your baby's admission. This is to limit the number of people, both staff and parents, in the nursery.

We would like to remind you that at present, your partner will not be able to attend the Hospital if they:

- Have a fever, cough, shortness of breath or sore throat
- Have been in close contact with anyone who has COVID-19 in the last 14 days or
- Have been overseas or in an identified area of concern in the last 14 days

In addition, we would also like to remind you of the NSW Health visitor policy that **has been introduced** until further notice:

- Strictly parents only within the nursery at any time (except for compassionate reasons).
- No siblings will be allowed in to visit.
- If any parent/caregiver is unwell - report to staff immediately and present yourself to your GP or Randwick Covid19 Assessment Clinic.
- Hand hygiene – wash your hands when entering and leaving Nursery areas, before and after eating or going to the toilet. Use alcohol hand rub on leaving the area.
- No deliveries of food, flowers or gifts will be accepted into the hospital at this time.

Please respect our request that no lap tops are to be brought into the nursery area and phone use is kept to a minimum. These are frequently touched items and may carry germs.

If you have any questions regarding this request, please feel free to discuss these with the medical, nursing or midwifery staff who will be providing your care.

We appreciate your cooperation with this request and will provide you with any updates as they become available around this requirement.

Kind regards
Helen McCarthy
Director of Nursing and Midwifery Services