

# METADiAB

## The Sydney Practical Diabetes Forum at Royal Prince Alfred (RPA) Hospital Diabetes Centre

The METADiAB Forum is RACGP accredited and designed to provide GPs with a comprehensive update on diabetes management. It aims to improve patient outcomes by supporting GPs to individualise diabetes management when escalating therapy beyond metformin. Attendees of the Forum will gain practical insights into the latest thinking and guidance in the management of diabetes and metabolic health. The emphasis will be on real-world issues and changes that can be implemented in your clinical practice the following week. The Forum will be interactive, case-based, and with ample time for discussion and questions. It is free to attend for General Practitioners and it has been accredited by the RACGP for 12 CPD points.

We welcome and look forward to your participation at this informative and important chronic disease educational initiative.

**DATE & TIME:** Saturday 29 October 2022 | 8:30am - 4:30pm

**VENUE:** Kerry Packer Conference Centre  
Royal Prince Alfred Hospital - Missenden Road, Camperdown, NSW

**REGISTER:** For further information about the METADiAB Forum and to register please go to:

<https://meetings.medkom.com.au/metadiab22/rpa>

### METADiAB FORUM CONVENORS



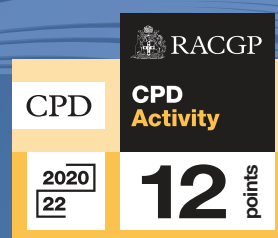
**Doctor Ted Wu**

Endocrinologist & Director  
RPA Diabetes Centre  
Royal Prince Alfred Hospital



**Associate Professor Marg McGill AM**

Assistant Director  
RPA Diabetes Centre  
Royal Prince Alfred Hospital



SUPPORTED BY ABBOTT AND ASTRA ZENECA

Activity number – 350958. Education provider: Scius Healthcare Solutions and MedKom Group

Invitation

## FACULTY

### Ms Deborah Foote

Dietician  
Royal Prince Alfred Hospital

### Associate Professor Marg McGill AM

Assistant Director, RPA Diabetes Centre  
Royal Prince Alfred Hospital

### Doctor Tim Middleton

Endocrinologist  
Royal Prince Alfred Hospital

### Professor Stephen Twigg

Kellion Professor of Endocrinology  
Head, Department of Endocrinology  
Royal Prince Alfred Hospital

### Associate Professor Jencia Wong

Senior Staff Specialist Endocrinologist  
Royal Prince Alfred Hospital

### Doctor Ted Wu

Endocrinologist & Director, RPA Diabetes Centre  
Royal Prince Alfred Hospital

## AGENDA

START	SESSION
8:00am	Registration opens
8:30am	Welcome and opening address - <i>Ted Wu</i>
8:45am	The Challenge of heart failure in diabetes - <i>Stephen Twigg</i>
9:45am	Renal disease in diabetes - <i>Ted Wu</i>
10:45am	Morning Tea
11:10am	Bringing it all together; How to implement new evidence into your diabetes care in 2022 - <i>Ted Wu</i>
12:10pm	Uncovering hidden truths with flash glucose monitoring - <i>Marg McGill AM</i>
1:10pm	Lunch
2:00pm	The hidden risks of sulfonylureas - <i>Tim Middleton</i>
2:30pm	The Diabetes Resource Hub/Referrals - <i>Ted Wu</i>
3:00pm	Medical and dietary weight loss options in Diabetes - <i>Deborah Foote and Jencia Wong</i>
4:00pm	Interactive summary - <i>Ted Wu and Marg McGill AM</i>
4:30pm	Meeting close

## OBJECTIVES

The METADiAB Forum is an RACGP accredited CPD activity designed to provide GPs with a comprehensive update on diabetes management. It aims to improve patient outcomes by supporting GPs to individualise diabetes management amongst patients with comorbidities such as obesity, cardiovascular disease and renal complications.

After completing this activity participants of the Forum can expect to:

- Identify the major complications of type 2 diabetes and recent changes in evidence in the treatment of heart failure and renal complications in the context of diabetes
- Describe the use of different glucose monitors in the management of diabetes
- Develop a comprehensive management plan utilising the latest guidelines individualised to patient needs, including risk factors and weight management
- Evaluate the different levels of evidence that underlie the recent change in thinking regarding the treating cardiovascular and renal risk in type 2 diabetes

## REGISTER

### Please register by 25 October 2022

Places are limited. Please register as soon as possible to ensure your place.

For further information about the METADiAB Forum and to register:

<https://meetings.medkom.com.au/metadiab22/rpa>

or contact the Meeting Secretariat on email: [admin@medkom.com.au](mailto:admin@medkom.com.au)

The Forum is free to attend for registered General Practitioners only.