



## Referral Form

Think, Eat and Move (TEAM) Program is an eight week, evidence based healthy lifestyle program for 13 to 17 year old who are above a healthy weight. The program is free for young people in the Central and Eastern Sydney area and includes online sessions, videos and activities, and regular phone coaching calls with a qualified health professional.

Fax: **1300 325 301** or Email: **info@betterhealthcompany.org**

### Family details

Parent/carer name* :	Relationship to child :
Contact number* :	Email address:
Home address:	

### Patient details

Name* :	Date of birth:	
Gender:	Height:	Weight:

### Comments / other relevant information

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### General Practitioner details

Doctor's name* :
Name of service/practice*:
Phone number:

Powered by:



Better Health Company is a health promoting organisation designing and delivering evidence based healthy lifestyle solutions.

Program funded by  
Central and Eastern Sydney PHN