

Virtual Fracture Clinic

RPA Virtual Hospital



Virtual Fracture Clinic - What is it?

The **rpavirtual** Virtual Fracture Clinic (VFC) is a physiotherapy led service using telehealth to manage patients with clinically and radiologically diagnosed simple fractures.

The VFC aims to enhance patient care by:

- Decreasing clinical variance for simple fractures.
- Providing timely and accessible follow-up care for eligible patients with simple fractures.
- Preventing unnecessary presentations or re-presentations to the Emergency Department (ED) or in-person fracture clinic.
- Providing care coordination to help patients navigate the health system.

Is my patient eligible?

Inclusion criteria

- Xray showing acute (<6 weeks) simple, minimally displaced fracture of the following:
 - Metatarsal, including base of 5th
 - Tarsal avulsion
 - Weber A/ lateral malleolus avulsion
 - Toe
 - Radial head/ neck (Mason I/II)
 - Triquetral avulsion
 - Clavicle and AC Joint injury (Grade 1/2)
 - Paediatric forearm buckle
- Be aged over 2 years.
- Be in NSW during time of virtual consultation.

Exclusion criteria

- Open or unstable fractures requiring surgery or plaster.
- All hand/ finger injuries except triquetral avulsion
- Distal radius fractures
- Spinal conditions
- Neurovascular or skin compromise over fracture site
- Sub-acute or chronic injuries (>6 weeks)

What is provided?

Patients accessing this service will:

- Have their case and radiology scans reviewed by an Orthopaedic Doctor prior to enrolment into the service.
- Receive contact from an **rpavirtual** physiotherapist within 72 hours of receiving the referral.
- Have access to 24/7 nursing support through the Virtual Care Centre on **1800 325 065**.
- Have access to Aboriginal cultural support services, interpreter services and technological support.

VFC appointments are conducted via video or phone call.

The VFC operates Monday to Friday between 08:00am and 4:30pm.

How do I refer?

The VFC currently accepts referrals directly from GPs within the boundaries of Sydney Local Health District. It is a publicly funded free service.

GPs can access the latest referral information via Health Pathways Sydney under "rpavirtual Fracture Service" <https://sydney.communityhealthpathways.org/67096.htm>

Referrals can also be made via:

- Email: SLHD-rpavirtualMSK@health.nsw.gov.au
- Phone call to the VFC Clinic on **1800 325 065 (Option 2)** or **0439 402 651**



Contact

Virtual Fracture Clinic

RPA Virtual Hospital, Level 9, KGV Building
83 Missenden Road
Camperdown NSW 2050

Contact: Physiotherapy Service

Phone: 0439 402 651

Email: SLHD-rpavirtualMSK@health.nsw.gov.au