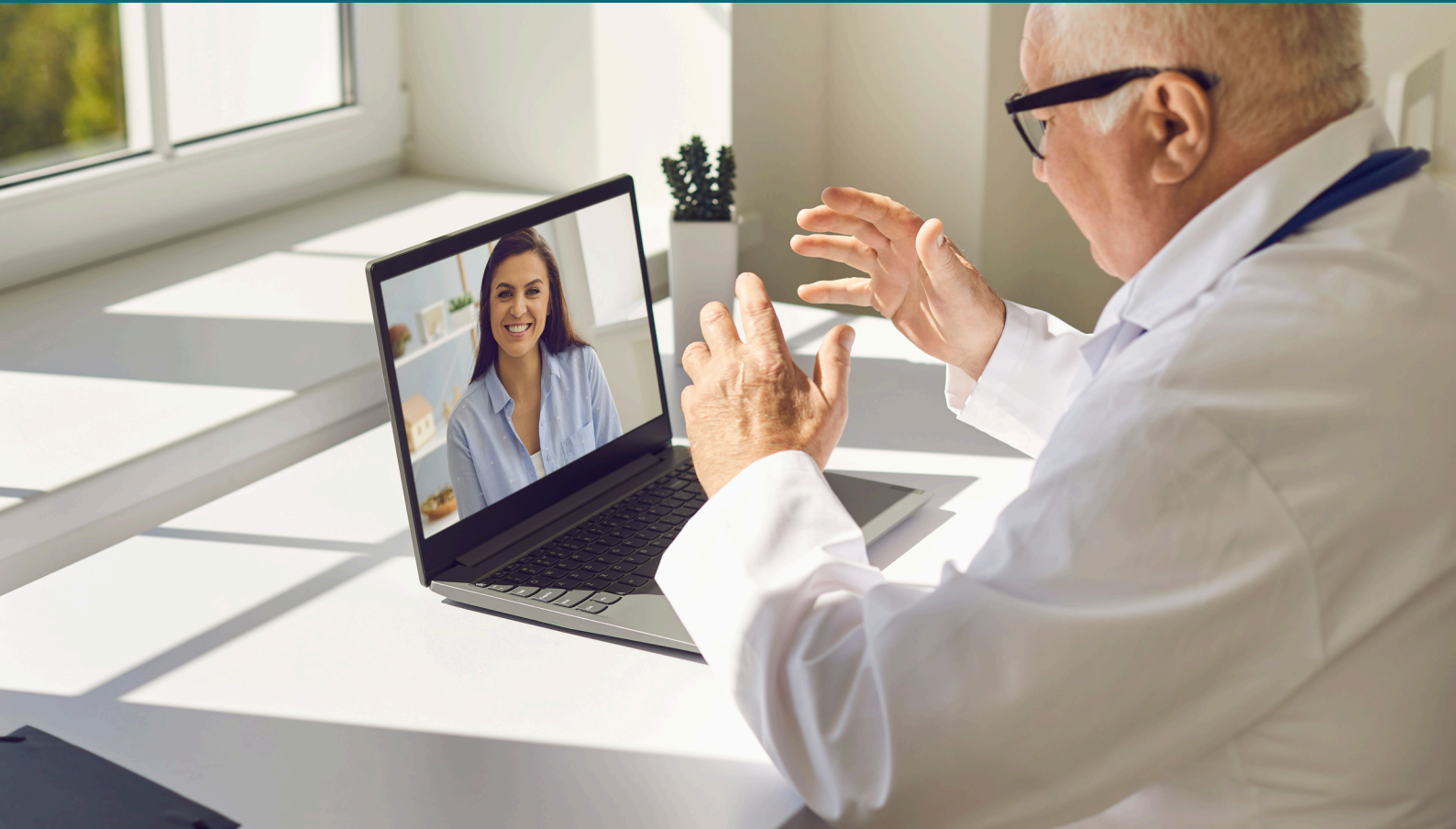


## Telehealth Psychiatry Service

Delivered by Dokotela - Funded by Central and Eastern Sydney PHN



## Do you support someone who would benefit from seeing a Psychiatrist?

Free video conference consultations for people living in Central and Eastern Sydney with socio-economic barriers to accessing a private psychiatrist. Collaborative care with GPs ensures the best outcomes for the patient.

[Click here](#) or visit [bit.ly/CESDokotela](https://bit.ly/CESDokotela) to make a referral to the Telehealth Psychiatry Service

Email enquiries to [cesphn@dokotela.com.au](mailto:cesphn@dokotela.com.au) or visit [www.dokotela.com.au](http://www.dokotela.com.au) for more information

Through the Telehealth Psychiatry Service, Dokotela provide access to free psychiatry consultations for people who:

- Are experiencing severe and complex mental illness
- Over 18 years of age
- Living in the Central and Eastern Sydney region
- Experiencing barriers to accessing private psychiatry consultations
- Not currently engaged with public psychiatry services

Via video conference from:

- GP practices located in Central and Eastern Sydney
- Your service provider's office (if funded by CESPHN)
- Your patient's or a support person's home

## Please note changes to ADHD eligibility from 1st February 2024:

- Consumers seeking ADHD diagnosis or treatment must hold a government-issued Health Care Card (HCC)
- Individuals previously treated by a private psychiatrist for ADHD are no longer eligible

Existing Consumers without HCC:

Prescriptions are provided for a one-year exit strategy. GPs can engage in co-prescribing during this period for ongoing care. Consumers may choose to transition to Dokotela's private psychiatry appointments or another service

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## General Practitioner Case Conference Item Numbers

	MBS	Description
Organise and Coordinate a multidisciplinary case conference	743	Attendance by GP, where the conference time is at least 40 minutes
Participate in a multidisciplinary case conference	758	Attendance by GP, where the conference time is at least 40 minutes

### These services are for patients who:

- Have at least one medical condition that:
  - Has been (or is likely to be) present for at least six months; or
  - Is terminal; and
- Require ongoing care from a multidisciplinary case conference team which includes:
  - A medical practitioner, and;
  - At least two other members, each of whom provides a different kind of care or service to a patient and is not a family carer of the patient, and one of whom may be another medical practitioner. May include allied health practitioners; mental health workers; psychologists; registered nurses; social workers; home and community service providers, or care organisers, such as: interpreters. Dokotela can organise free interpreters or engage our case coordinator.

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