

Telehealth Psychiatry Service

Delivered by Dokotela - Funded by Central and Eastern Sydney PHN



Are you considering seeing a Psychiatrist?

If you have barriers to accessing a Psychiatrist, for example you are unable to afford one, you may be eligible for the Telehealth Psychiatry Service.

This service provides free psychiatry support to people who experience severe and complex mental health issues.

Psychiatrists will work collaboratively with your GP or Support Workers to help you with your recovery.

Ask your GP or Support Worker to make a referral today!

Email enquiries to cesphn@dokotela.com.au or visit www.dokotela.com.au for more information

Through the Telehealth Psychiatry Service, Dokotela provide access to free psychiatry consultations for people who:

- Are experiencing severe and complex mental illness
- Over 18 years of age
- Living in the Central and Eastern Sydney region
- Experiencing barriers to accessing private psychiatry consultations
- Not currently engaged with public psychiatry services

The service is delivered via video conference from:

- GP practices located in Central and Eastern Sydney
- Your service provider's office
- Your own or a support person's home

Please note changes to ADHD eligibility from 1st February 2024:

- Consumers seeking ADHD diagnosis or treatment must hold a government-issued Health Care Card (HCC)
- Individuals previously treated by a private psychiatrist for ADHD are no longer eligible

Existing Consumers without HCC:

Prescriptions are provided for a one-year exit strategy. GPs can engage in co-prescribing during this period for ongoing care. Consumers may choose to transition to Dokotela's private psychiatry appointments or another service

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