

INVITATION

GIDGET VILLAGE - PARENTING IN PARTNERSHIP

Join us for 6 weekly group online sessions free of charge

Who is it for?

 Dads who are expecting the arrival of a baby or who have a baby under 12 months old.

What is the aim?

- To create a space for dads to openly discuss the challenges of parenting, the impact of PNDA and the relationship changes that occur when a new baby is added to the family.
- To support, educate and provide connection.

What does it involve?

- Group discussion.
- Some psychoeducation to enhance support of dad and parent experiencing PNDA.
- Activities.

Who is facilitating?

Derek Ebbs: Derek is a Clinical Relationship Psychotherapist specialising in attachment between parent and child and the implications for adult relationships. Derek is also a dad himself.

Commences

Monday 5th August 2024, 5pm to 7pm

Spaces are limited.

To express interest in joining the group please contact

contact@gidgetvillage.org.au

