

# My Health Profile

My name is \_\_\_\_\_



**Reason for my appointment**  
*(issues to discuss with my GP)*



**My Health Goals for this year**



**How to support me**  
*(reasonable adjustments)*



**How I communicate**



This resource was developed in 2024 by CESPHE's Primary Care Enhancement Program: **Project GROW**.  
For further information: [www.cesphn.org.au](http://www.cesphn.org.au)



[www.cesphn.org.au/general-practice/help-my-patients-with/intellectual-disability](http://www.cesphn.org.au/general-practice/help-my-patients-with/intellectual-disability)



[intellectualdisability@cesphn.com.au](mailto:intellectualdisability@cesphn.com.au)

Remember to update an individual's profile when communication or health needs change.

**phn**  
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