



Supporting your community

The R U OK? mission is to inspire and empower people to meaningfully connect with those in their world and lend support when they are struggling with life's up and downs.

R U OK? are seeking Expressions of Interest (EOI) from individuals and organisations in the Hindi speaking community who may be interested to host a workshop.

Workshops will run for approximately 75 minutes for a maximum number of 20 participants.



Scan here to learn more or to apply

ruok.org.au/hindi

RUOK?TM
A conversation could change a life.