

GP Antenatal Shared Care: Summary Schedule of care

This is a summary guide for women enrolled in GP Antenatal Shared Care. **Further details of each visit are included in the *Antenatal Care Schedule at Royal Prince Alfred Hospital*.**

Care must be individualised and this schedule should be regarded as a “baseline” for **minimum recommended visits**. GPs should determine if patients may benefit from additional consultations.

Please ensure you review all results and act on any abnormal findings:

- For non-urgent clinical advice, contact the GP Shared Care Midwife on 0425 230 662 (Monday-Friday 8:00am-4:30pm).
- For urgent/after-hours clinical advice page the on-call O&G registrar through the hospital switchboard: RPA (9515 6111) or Canterbury (9153 2000).

Administration	
RPA Women and Babies	Complete SLHD Women’s Health Maternity Smartform via Healthlink or via Healthlink Portal .
Canterbury Hospital	Models of care that offer ANSC are: <ul style="list-style-type: none"> • RPA: Midwives Clinic (Antenatal Clinic), Midwifery Antenatal and Postnatal Service (MAPS) and Birth Centre • Canterbury: Midwives Clinic (Antenatal Clinic) and Canterbury Antenatal Postnatal Service (CAPS)
GP Resources	Click here to access relevant antenatal Sydney HealthPathways.

Timing of visits	
6-10 weeks	<p>GP visit:</p> <ul style="list-style-type: none"> - First visit routine procedures including early GDM screening for high-risk women (1st trimester fasting BGL or HbA1c; 2nd trimester 75g fGTT at 16-20 weeks) - Give referrals for combined First Trimester Screen (11-13 weeks) and fetal morphology ultrasound (19-22 weeks) - Commence yellow card antenatal record <p>Resource: Sydney HealthPathways – Antenatal – First Consult</p>
12-13⁺⁶ weeks	<p>Combined First Trimester Screen (nuchal translucency ultrasound including pre-eclampsia screen) +/- NIPT</p> <p>Resource: Sydney HealthPathways – Prenatal Screening and Diagnosis of Fetal and Maternal Conditions</p>
12-14 weeks	First Hospital/Midwife visit
19-22 weeks	Morphology/Fetal Anomaly Scan (FAS)
4 weekly visits until 30 weeks	<p>GP visit</p> <ul style="list-style-type: none"> - Clinical assessment including review BP, fundal height, fetal heart rate and movements; referral for routine fGTT/FBC/Syphilis/Antibody Screen at 26-28 weeks; pertussis +/- influenza vaccine (if not already given) - Provide a hard copy of results to patient <p>Resource: Sydney HealthPathways – Antenatal 2nd and 3rd Trimester</p>
30 weeks	<p>Hospital/Midwife visit</p> <ul style="list-style-type: none"> - Review GTT/FBC/ Syphilis/Antibody Screen result - Anti-D for RhD negative women
3 weekly visits until 36 weeks	<p>GP visit</p> <ul style="list-style-type: none"> - Clinical assessment including: BP, fundal height, fetal heart rate and movements, pertussis +/- influenza vaccine (if not already given) - Arrange: <ul style="list-style-type: none"> o 36 week growth and wellbeing ultrasound if required (routine at RPA)

INFORMATION SHEET

	<ul style="list-style-type: none"> ○ GBS screening (self-collected LVS at 34-37 weeks) ○ 36 week blood tests if required - Anti-D in hospital clinic at 34-36 weeks for RhD negative women <p>Resource: Sydney HealthPathways – Antenatal 2nd and 3rd Trimester</p>
37 weeks	Hospital/Midwife visit
1-2 weekly visits until 40 weeks	<p>GP visit</p> <ul style="list-style-type: none"> - Clinical assessment including review BP, fundal height, fetal heart rate and movements
40 weeks	<p>Hospital/Midwife visit</p> <ul style="list-style-type: none"> - Offer membrane sweep - Discuss/offer and book post-dates induction of labour for 41+ weeks
41 weeks	<p>Hospital/Midwife visit</p> <ul style="list-style-type: none"> - Offer membrane sweep - Arrange growth and wellbeing ultrasound
Postnatal	<p>GP visit: newborn check (10-14 days); mother/baby check (by 6 weeks)</p> <p>Resource: Sydney HealthPathways – Maternal Postnatal Check, Newborn Check</p>