

RPA Virtual Hospital Hyperemesis Gravidarum Care

Information for professionals

What is Virtual Hyperemesis Gravidarum Care?

The **rpavirtual** Hyperemesis Gravidarum Care program provides pregnant women with Hyperemesis Gravidarum holistic and personalised care, education and support.

The midwives work closely with clinicians from Hospital in the Home and other services, such as dietetics and social work, to provide coordinated care. Support from an **rpavirtual** psychologist is also available.

This program aims to enhance patient care by:

- Improving access to specialised care for pregnant women with Hyperemesis Gravidarum
- Providing individualised care plans and support
- Improving the management of Hyperemesis Gravidarum, reducing complications and improving outcomes for mothers and babies
- Reducing unnecessary emergency department presentations and admissions for women experiencing Hyperemesis Gravidarum
- Collaborating with maternity hospitals and relevant community-based services including Hospital in the Home and primary care
- Supporting women to remain in their homes
- Improving women's and family/carer experience

Is my patient eligible?

To be eligible for this program, the woman must:

- Live within the boundaries of Sydney Local Health District
- OR**
- Live outside the boundaries of Sydney Local Health District but planning to birth at a Sydney Local Health District Facility

What is provided?

Appointments are provided by video and phone. This allows the women to remain in the comfort and convenience of their own home.

The women's management may include:

- Midwifery specific assessments and psychological screening
- Referral and integrated care with Hospital in The Home, social work, dietetics and other appropriate healthcare services
- Daily electronic surveys sent via SMS or email (using GoShare) to allow the midwives to monitor their symptoms and advise accordingly

The **rpavirtual** midwives are available for support Monday to Friday, 8am to 4:30pm on **1800 325 065** (option 3).

How do I refer?

Eligible women with Hyperemesis Gravidarum are referred by completing an online **rpavirtual** Midwifery Service referral form via this link

<https://www.slhd.nsw.gov.au/communityHealth/virtual-antenatal-referral/>

Alternatively, the **Antenatal Referral Form** is located on the SLHD intranet or **rpavirtual** Sharepoint site, or via Health Pathways under the **Virtual Care Requests** page.

This referral will be forwarded to the **rpavirtual** midwives who will then contact the woman.

Contact

Virtual Care Centre

RPA Virtual Hospital, Level 9, KGV Building
83 Missenden Road
Camperdown NSW 2050

Contact: Nurse Unit Manager, Virtual Care Centre Nursing Service

Phone: 0474 886 705

Email: SLHD-RPAVirtual@health.nsw.gov.au