



Mission Australia and Central & Eastern Sydney Primary Health Network present the Making Space Program.

Central and Eastern Sydney Primary Health Network (CESPHN) and Mission Australia (MA) have designed and implemented the Making Space program. The program has been designed in response to an identified need for support for people with a primary experience of hoarding or compulsive acquiring and associated squalor, who may be at risk of losing their tenancy.

The Making Space program will assist individuals by utilising a trauma informed, recovery oriented and strengths-based approaches. Consumers can access practical one-on-one support to declutter and address the impacts of compulsive acquiring, informal counselling, improvement of life skills, and a facilitated educational workshop, *Buried in Treasures*, facilitated by experienced case workers.

The Making Space Program will run from the 1st May 2024 to the 30th June 2025 and will be delivered by Mission Australia within the Sydney Local Health District (for the area map: [Sydney Local Health District | Sydney Local Health District \(nsw.gov.au\)](#))

Eligibility:

- Consumers with a primary experience of living with the impacts of hoarding/compulsive acquiring, who may be living in associated squalor and/or be at risk of losing their tenancy
- Live within the SLHD
- Not receiving NDIS or MAC support
- Not connected with clinical case management
- Identified need for compulsive acquiring psychosocial support
- Have the ability to undertake an informal assessment process, provide informed consent and engage in supports
- No formal diagnosis required

The program aims to:

- Reduce hoarding/compulsive acquiring behaviours towards sustainable long-term change
- Reduce the psychosocial impacts of hoarding/compulsive acquiring
- Address issues underlying the hoarding/compulsive acquiring behaviours
- Increase tenancy security, and safety in the home and broader community
- Improve living conditions as well as regain control of their space
- Increase social connectedness and overall quality of wellbeing
- Build broader life skills, including confidence and resilience
- Build capacity to live independently in the community
- Aims to provide ongoing support through peer relationships
- Provides a trauma informed and strengths-based recovery orientated approaches

What the program can offer:

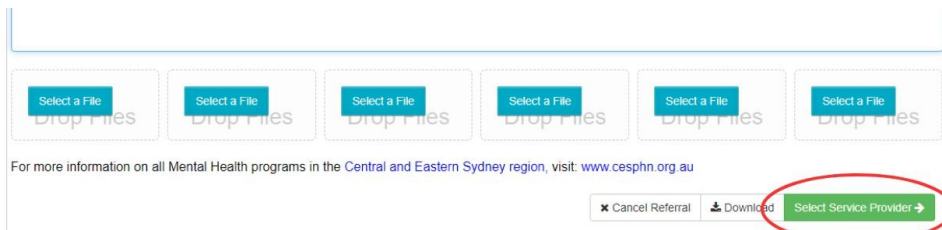
The program will support consumers for 6 months, with flexibility based on need. Consumers will have access to psychosocial supports that are aligned with their individual need and identified supports. Support will be tailored which includes case management, living skills training, practical one-on-one support, and support via the *Buried in Treasures* facilitated workshop while providing continued pathways at the conclusion of the program.

How to submit a referral:

Anyone can make a referral to the Making Space program via our online referral form: [Making Space: Hoarding Program \(cesphn.org.au\)](https://cesphn.org.au)

For any issues with submitting a referral follow the image guide below or feel free to contact our team on: (02) 8775 6100

1. Click 'Select Service Provider'



2. Tick Box



3. Click 'Send Referral'



4. Referral Sent Successfully



For more information: [Making Space \(missionaustralia.com.au\)](https://missionaustralia.com.au)