



## Mission Australia and Central & Eastern Sydney Primary Health Network present the Making Space Program.

Central and Eastern Sydney Primary Health Network (CESPHN) and Mission Australia (MA) have designed and implemented the Making Space program. The program has been designed in response to an identified need for support for people with a primary experience of hoarding or compulsive acquiring and associated squalor, who may be at risk of losing their tenancy.

The Making Space program will assist individuals by utilising a trauma informed, recovery oriented and strengths-based approaches. Consumers can access practical one-on-one support to declutter and address the impacts of compulsive acquiring, informal counselling, improvement of life skills, and a facilitated educational workshop, *Buried in Treasures*, facilitated by experienced case workers.

The Making Space Program will run from the 1<sup>st</sup> May 2024 to the 30<sup>th</sup> June 2025 and will be delivered by Mission Australia within the Sydney Local Health District and the Eastern Suburbs (for the area map: <https://tinyurl.com/MakingSpaceProgramBoundaries>)

### Eligibility:

- Consumers with a primary experience of living with the impacts of hoarding/compulsive acquiring, who may be living in associated squalor and/or be at risk of losing their tenancy
- Live within the SLHD and the Eastern Suburbs (check map)
- Not receiving NDIS, MAC or NSW Health support
- Identified need for compulsive acquiring/hoarding psychosocial support
- Have the ability to undertake an informal assessment process, provide informed consent and engage in supports
- No formal diagnosis required

### The program aims to:

- Reduce hoarding/compulsive acquiring behaviours towards sustainable long-term change
- Reduce the psychosocial impacts of hoarding/compulsive acquiring
- Address issues underlying the hoarding/compulsive acquiring behaviours
- Increase tenancy security, and safety in the home and broader community
- Improve living conditions as well as regain control of their space
- Increase social connectedness and overall quality of wellbeing
- Build broader life skills, including confidence and resilience
- Build capacity to live independently in the community
- Aims to provide ongoing support through peer relationships
- Provides a trauma informed and strengths-based recovery orientated approaches

### What the program can offer:

The program will support consumers for 6 months, with flexibility based on need. Consumers will have access to psychosocial supports that are aligned with their individual needs and identified supports. Support will be tailored which includes case management, living skills training, practical one-on-one support, and support via the *Buried in Treasures* facilitated workshop while providing continued pathways at the conclusion of the program.

### How to submit a referral:

Anyone can make a referral to the Making Space program via our online referral form: [Making Space: Hoarding Program \(cesphn.org.au\)](https://cesphn.org.au)

For any issues with submitting a referral follow the image guide below or feel free to contact our team on: (02) 8775 6100

1. Click 'Select Service Provider'

The screenshot shows a web form with six 'Select a File' buttons. Below them is a link to 'www.cesphn.org.au'. At the bottom right, there are three buttons: 'Cancel Referral', 'Download', and 'Select Service Provider', with the latter being circled in red.

2. Tick Box

The screenshot shows a table titled 'Select Service Provider'. The table has columns for Practitioner, Location Name, Organisation, Program, Location of Service, Distance from Client Location, and Profile. A single row is visible with the following data: Practitioner (checkbox), Location Name (Making Space), Organisation (Mission Australia), Program (Making Space), Location of Service (SURRY HILLS 2010), Distance from Client Location (9.85km), and Profile (View). The checkbox is circled in red.

Practitioner	Location Name	Organisation	Program	Location of Service	Distance from Client Location	Profile
<input type="checkbox"/>	Making Space	Mission Australia	Making Space	SURRY HILLS 2010	9.85km	View

3. Click 'Send Referral'

The screenshot shows the same table as in step 2, but now the checkbox is checked. The 'Send Referral' button at the top right is circled in red.

Practitioner	Location Name	Organisation	Program	Location of Service	Distance from Client Location	Profile
<input checked="" type="checkbox"/>	Making Space	Mission Australia	Making Space	SURRY HILLS 2010	9.85km	View

4. Referral Sent Successfully

The screenshot shows a confirmation page titled 'Referral Sent Successfully'. It contains the following text: 'The referral has been successfully sent to Mission Australia for Making Space program. The referral reference number is: CES52511. Referral Date: 27/06/2024. Client Name: test test. Date of Birth: 26/06/2024. Referrer Name: .'. There is a 'Print' button at the bottom. A green banner at the top right says 'Referral Saved Successfully'.

For more information: [Making Space \(missionaustralia.com.au\)](https://missionaustralia.com.au)