

Schedule of Visits

St George Hospital / Sutherland Hospital

This table describes the minimum recommended visits during pregnancy. Care is individualised and GPs will determine if more frequent or additional consultations are needed.

Stage of Pregnancy	Encounter	Who to visit
6-10 weeks	See your GP to arrange routine antenatal screening and referral to your chosen hospital shared care provider: <ul style="list-style-type: none"> • St George Hospital: Antenatal Clinic, Active Birth Team, Midwifery Group Practice (MGP), MAPS • Sutherland Hospital: Antenatal Clinic, MGP, MAPS 	GP
11-13 weeks	Combined first trimester screen (nuchal translucency ultrasound and blood test for pre-eclampsia risk)	RPA or private ultrasound provider
10-14 weeks	Booking visit with hospital midwife	Hospital
16 weeks	Routine check-up	GP
19-23 weeks	Ultrasound and review with either GP or hospital depending on pregnancy risk assessment	GP/Hospital
24-26 weeks	Antenatal visits with GP	GP
28 weeks	Antenatal visit with midwife	Hospital
2-3 weekly	Antenatal visits with GP	GP
36 weeks	Antenatal visit with midwife or hospital doctor	Hospital
1-2 weekly	Antenatal visits with GP or midwife/hospital doctor	GP/Hospital
40 weeks	Antenatal visit with midwife or hospital doctor	Hospital
Postnatal	GP visit: newborn check (10-14 days); mother/baby check (6 weeks)	GP

Antenatal visits may include clinical assessment, review of blood pressure and your baby's growth and wellbeing, vaccines for pertussis (whooping cough), influenza and COVID-19, and discussions about mental health and antenatal education. You may be referred for ultrasounds and other tests as required, including routine blood tests, the Glucose Tolerance Test (GTT) for diabetes at 26-28 weeks and swab for Group B Streptococcus at 35-37 weeks.

Ask your GP to send an electronic referral to the hospital, including copies of your antenatal test results and ultrasounds. Your GP can visit the HealthPathways Sydney website or call the Antenatal Clinic for information on how to complete a referral.

St George Hospital

Antenatal Clinic (Mon-Fri 8am-4pm)

Booking In/Appointments 9113 2162
Midwife 9515 8090

Birth Centre (Mon-Sun 9am-3pm) 9113 3103

St George Hospital Midwifery Support Program (MSP)

(Mon-Fri 8am-4pm) 0411 282 932
After-Hours 4pm-8am (02) 9113 3187

Sutherland Hospital

Antenatal Clinic (Mon-Fri 9am-4.30pm)

Appointments 9540 7240
Midwife 9540 7663

Other Postnatal Services

(Mon-Fri 8am-4pm)



If you require EMERGENCY medical help during your pregnancy

If you are **greater than 20 weeks** pregnant contact:

- **St George Hospital Birth Unit** on
- **Sutherland Hospital Birth Unit** on 9153 2135

If you are **less than 20 weeks** pregnant contact:

- For urgent problems attend:
 - RPA Emergency Dept, Missenden Rd, Camperdown, Ph: 9515 6111 or
 - Canterbury Hospital Emergency Dept, Canterbury Rd, Campsie, Ph: 9153 2000
- For non-urgent problems contact your GP

GP Stamp and details

last amended March 2024



GP Antenatal Shared Care

Sharing your pregnancy care between your GP and the hospital

St George Hospital
Sutherland Hospital

phn
CENTRAL AND
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An Australian Government Initiative

What is Antenatal Shared Care (ANSC)?

Antenatal Shared Care is a program which enables you to be cared for by your General Practitioner (GP) while you are pregnant. This GP will have gained recognition to provide shared care with St George Hospital/The Sutherland Hospital.

The program has been designed to provide you with regular and professional care throughout your pregnancy, up until the time of your baby's birth and ongoing after you leave hospital.

Who is it for?

The program is for women who are likely to have an uncomplicated pregnancy. Most visits during your pregnancy will be to your GP with occasional visits at the hospital antenatal clinics.



If problems do arise during the pregnancy, your care may be transferred to the hospital Antenatal Clinic.

Your GP can provide shared care with the Antenatal Clinic, Birth Centre or Midwifery Group Practice or Midwifery Antenatal and Postnatal Service (MAPS) at St George Hospital or with the Antenatal Clinic at Sutherland Hospital.

What are the advantages of having Antenatal Shared Care during my pregnancy?

As most visits during your pregnancy will be with your GP, you will have flexible appointment times and avoid having to regularly travel to the hospital.

It allows you to continue receiving care from your GP before, during and after the pregnancy.

When do I discuss Antenatal Shared Care with my GP?

Ask your GP for details of the program if you are planning a pregnancy or as soon as you know you are pregnant.

If you do not have a GP, or your regular doctor is not affiliated with the Shared Care program, the staff at the hospital can help you select a Shared Care GP in your area. These GPs have experience and particular interest in providing antenatal care.

Are there any costs involved?

The GP consultation is charged as per their usual rate. Hospital visits are covered by Medicare.



IMPORTANT REMINDER !

Ask your GP for a referral and book into the Antenatal Clinic as soon as your pregnancy is confirmed. Your first midwife appointment at the hospital will be scheduled for when you are 12-14 weeks pregnant.

The importance of visiting your GP early during your pregnancy

It is important to visit your GP early to discuss key information regarding your pregnancy.

This may include discussing screening tests such as reproductive carrier screening, combined first trimester screening (cFTS), non-invasive prenatal testing (NIPT) and the oral Glucose Tolerance Test, family history, vaccination status including rubella, folic acid intake and nutrition.

Some tests can only be undertaken early in pregnancy so it is important that you talk with a GP as soon as possible.

What do I need to bring to my first hospital appointment?



- Medicare Card
- Photo ID (Passport or Driver's licence)
- All pregnancy pathology results and ultrasound reports.
- Yellow antenatal record card provided by your Antenatal Shared Care GP provider. This card needs to be brought to every visit with your GP and the hospital so that it can be updated with your latest information