

## Training Calendar

The following courses are being delivered by Benchmarque Group with support from Central and Eastern Sydney PHN. All courses are being delivered at Central and Eastern Sydney PHN.

### Perform Blood Collection

Develop the technique to safely collect blood from patients and learn the importance of correctly collecting patient data relevant for clinical documentation. Understand blood collection and how to choose the appropriate equipment with practical demonstration, and discussions around managing possible complications.

Date: Tuesday 4th March 2025

Time: 9.45am to 2pm

Venue: Central and Eastern  
Sydney PHN

Cost: \$450

Click [HERE](#) to enrol

### Ear Wax Removal (Microsuction)

Microsuction is a strategic treatment option for ear health, whether it is a foreign body or wax removal that is required. This course requires a strong understanding of the anatomy and physiology of the ear. Build the knowledge of when to use microsuction, as a technique, with practice and assessments using mannequins to enhance capability, and strengthen patient care.

Date: Wednesday 5 March 2025

Time: 8:45am to 4pm

Venue: Central and Eastern  
Sydney PHN

Cost: \$500

Click [HERE](#) to enrol

### Ear Wax Removal (Irrigation)

Building the skillset required to confidently support Ear Wax Removal (Irrigation) and improve Ear Health Assessment focussing on safe clinical practice. Be workplace ready to understand the changing treatment considerations and processes.

Date: Thursday 6 March 2025

Time: 8:45am to 4pm

Venue: Central and Eastern  
Sydney PHN

Cost: \$500

Click [HERE](#) to enrol

Central and Eastern Sydney PHN Training Room is located in Tower A, Level 5  
201 Coward Street Mascot New South Wales 2020

**Benchmarque Group Pty Limited (RTO No. 21824)**

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## Training Calendar

### **Splinting, Immobilisation & Injury Management**

Managing injuries for patients can be challenging, in primary healthcare, when trying to achieve optimal patient safety and this program is designed to provide a variety of skills that can meet the clinical needs for injury management. An engaging interactive workshop enables the student to effectively manage common injuries that they will see in their workplace.

Date: Wednesday 12 March 2025

Time: 8:45am to 5pm

Venue: Central and Eastern  
Sydney PHN

Cost: \$750

Click [HERE](#) to enrol

### **Managing Wounds in Primary Healthcare**

Effective wound management is a complex, important and costly aspect of nursing that requires timely management for positive outcomes for the patient.

Primary health clinicians play a key role in assessing and effectively managing a range of wound presentations.

The Managing Wounds in Primary Health Care provides clinicians with an evidence based framework to assess, manage a variety of wounds while understanding the importance of client centred education and care.

Date: Wednesday 14 May 2025

OR Wednesday 4 June 2025

Time: 8:45am to 4.30pm

Venue: Central and Eastern  
Sydney PHN

Cost: \$700

Click [HERE](#) to enrol

### **Perform Peripheral Intravenous Cannulation**

Building the skillset required to confidently support Ear Wax Removal (Irrigation) and improve Ear Health Assessment focussing on safe clinical practice. Be workplace ready to understand the changing treatment considerations and processes.

Date: Thursday 3 July 2025

Time: 9:45am to 2pm

Venue: Central and Eastern  
Sydney PHN

Cost: \$400

Click [HERE](#) to enrol

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