

Clinical Nurse Consultants (CNC) & Clinical Midwifery Consultants CMC St George Hospital

AGED CARE

Aged Care CNC

The CNC provides consultancy for patients with behavioural disturbances related to dementia (BPSD) and/ or delirium, with a focus on non-pharmacological interventions. The CNC provides education and support to patients/ carers/ families regarding dementia and/ or delirium. The CNC provides leadership for falls prevention and management interventions and initiatives. The CNC facilitates professional development programs for nursing, medical and allied health staff regarding the assessment and management of patients with dementia and/ or delirium; falls prevention and management; aggression minimisation and behaviour de-escalation strategies and techniques.

Tel (02) 9113 1418 | (02) 9113 1111 Page 631

Extended Care CNC

The CNC role supports the generalist Community Nurses, the Quick Response Program and the Access and Referral Centre. The CNC manages complex clients in the community, act as a support for the facilitation of complex discharges from the hospital to the community setting.

Tel (02) 9113 4087 / 9113 3999 | Fax (02) 9113 3388 | Mob 0410346840

Geriatric Flying Squad CNC

The Geriatric Flying Squad (GFS) CNC supports the Residential Aged Care Facilities (RACFs) in the St George Local Health District. The GFS CNC's main role is to provide education and support to local RACFs through a structured education program, aiming to improve the management of residents with acute and chronic conditions. Education is targeted to identified areas of need; including clinical assessment, management of devices, delirium, pain and wound care. The GFS CNC also aims to bridge the gap between the hospital and the RACF. Assisting in the coordination of care and facilitating complex discharges to RACFs, including patients with new devices such as nephrostomies or CVADs and undertaking clinical reviews of patients.

Tel (02) 9113 3866 / 9113 2609 | Mob 0438 579 840

AMBULATORY CARE UNIT AND OUTPATIENTS DEPARTMENT

Ambulatory Care and Outpatients Department CNC

The CNC role in the ACU and outpatient department services aims to avoid patient dependence on physical inpatient beds at St George Hospital if care can safely be administered in a outpatient setting (ACU and OPD). ACU is a fast-paced day-only unit with an emphasis on admission avoidance. Patient appointments are available for a diverse and specialised range of services including Intravenous medications such as antibiotics, medications for chronic auto-immune conditions and drugs on the "lifesaving drug program"; blood product transfusions including SCIg; wound dressings and day procedures such as ascitic taps, renal biopsies and bone marrow biopsies. The outpatient clinics service the whole hospital providing nursing and medical consults for both acute and chronic conditions and is where ultraviolet phototherapy is provided.

Tel (02) 9113 1272 | (02) 9113 1111 Page 212

CARDIOLOGY

Cardiology CNC

The CNC role provides clinical nursing support and consultancy for a wide range of cardiac conditions. Assist in referral processes and navigation across inpatient, outpatient and home based cardiology services including post discharge queries, cardiac rehabilitation and home based heart failure services.

Tel (02) 9113 3486 | (02) 9113 1111 Page 227

Cardiovascular CNC

The CNC role is to provide care and support to patients living with chronic heart failure. The CNC is involved in heart failure inpatient management. The CNC role involves providing heart failure education and self-management strategies as well as discharge planning. The CNC also links to the Heart Support Service to continually support patients in the

community.

(02) 9113 1111 Page 1092

COLORECTAL

Colorectal CNC

The CNC role provides diagnostic assessment and treatment for patients with defaecatory disorders such as faecal incontinence and constipation. The CNC also assists patients with any bowel complications after radiotherapy and surgery for cancer.

Tel (02) 9113 2715 | (02) 9113 1111 Page 976

DIABETES

Diabetes CNC (STG & TSH)

The CNC role facilitates and foster best practice and service delivery to our clients for with Type 1 diabetes, Type 2 diabetes and woman with Gestational Diabetes Mellitus within the hospital and community setting. Provision of clinical care and support to patients with Type 1 diabetes using insulin pump therapy and continuous glucose monitoring therapy. Participate in complex case management and consultation with hospital and community care providers.

Tel (02) 9113 2404 | (02) 9113 1111 Page 124

Paediatric Diabetes CNC (STG & TSH)

The Paediatric Diabetes CNC role is to provide direct clinical care to young people and their families with diabetes in both the acute and chronic stages of the condition. The CNC works as part of a multidisciplinary team and co-ordinates and delivers diabetes education and support to patients and their families from diagnosis. The CNC has an ongoing relationship with families all the way through until they transition to adult services, which the CNC facilitates in conjunction with the adult diabetes CNC.

The CNC is responsible for hospital admission avoidance by being in direct contact with the families to manage sick days and episodes of hypo and hyperglycaemia. The CNC is responsible for co-ordinating and delivering education for our patients on the latest technologies available in diabetes including insulin pump therapy and continuous glucose monitoring. As part of the CNC role consultancy is provided to registered nurses and Medical Staff in the St George Hospital. In particular the Paediatric ward and the emergency department.

Tel (02) 91132774 | Mob: 0409745644 | Mob: 0499973587

DRUG & ALCOHOL

Drug & Alcohol Services CNC

The Drug & Alcohol CNC provides assessment, management and consultation to patients presenting to hospital with alcohol, illicit or pharmaceutical drug related concerns. The role of the CNC is to develop, implement and evaluate care for patients with complex health needs and facilitate referral to internal / external services. The CNC works independently and as part of the multidisciplinary team to provide expert clinical advice and support to patients, carers and other health care professionals within the hospital setting.

Tel: (02) 9113 1111 Page 865 | Mob 0438 494 761

Substance Use in Pregnancy and Parenting Services (SUPPS) CNC

The SUPPS (*formerly CUPS - Chemical Use in Pregnancy*) CNC provides women and their families with expert advice, education and support relating to substance use in pregnancy. This specialist service develops, facilitates and evaluates management plans for women with addiction issues to assist them and their families before, during and after pregnancy. The SUPPS CNC reviews women in the antenatal, inpatient, postnatal and paediatric settings.

Tel: (02) 9113 1111 Page 479 | Mob 0401 994 228

EMERGENCY

Emergency CNC

The CNC role provides clinical nursing support and consultancy for a wide range of acute conditions ranging from neonate to geriatrics. The CNC assists with the acute management for a range of conditions (paediatric, cardiac,



neurology, gastroenterology, renal, trauma), advanced practices (plastering, wound management, peritoneal dialysis, CVAD management, re-insertion of devices (NG, PEG and SPC's) and facilitation and organisation of patient care pathways.

Tel (02) 9113 4484 or 9113 4462 | (02) 9113 1111 Page 023 or 817

GASTROENTEROLOGY

Gastroenterology CNC

The CNC provides a Virtual clinic, Nurse led model, for rapid assessment of patients with a positive faecal occult blood test (FOBT), per rectal bleeding or other symptoms/history pertaining to bowel cancer. The CNC assesses the patient and allows direct patient access to endoscopy lists within a timely manner and in accordance with national cancer screening guidelines. The CNC then follows-up with the patients post scope, and liaises with the GP's to discuss results, and bypass Gastro out-patient clinics. The CNC also books direct access colonoscopies for patients requiring their follow-up colonoscopies according to adenoma/polyp surveillance guidelines.

Tel (02) 9113 2194 | Fax (02) 9113-1579

HAEMATOLOGY / ONCOLOGY

Clinical Haematology CNC

The CNC coordinates all inpatient chemotherapy for haematology inpatients. The CNC meets with patients and their families who have a new diagnosis. The CNC provides support and education for all patients with a haematological diagnosis and use the resources provided by the cancer institute and the leukaemia foundation. The CNC coordinates the stem cell calendar for all patients who are to undergo stem cell harvest and transplant.

The CNC attends to tissue typing for all patients and their siblings who are to receive an allogeneic transplant, the CNC liaises closely with the transplant coordinators at the transplant centres.

Tel (02) 9113 3858 | (02) 9113 1111 Page 225 | Mob: 0438920728

Blood and Blood Products CNC (STG)

The CNC provides consultancy for patients having or requiring any blood or blood products. This includes inpatients and outpatients seen through the ambulatory care unit. The CNC role helps oversee the implementation of policy and procedure pertaining to National Standard 7. The CNC oversees the application of policy, guidelines, data collection and reporting via LHD in regards to National Standard 7 and VTE. The CNC provides education on blood & blood products for both medical and nursing staff.

Tel (02) 9113 1365 | 9113 4532 | (02) 9113 1111 Page 1288

Oncology CNC

This CNC role reviews and supports Medical Oncology and Radiation Oncology patients in inpatient and outpatient settings. The CNC is responsible for coordinating inpatient chemotherapy and complex care coordination between inpatient and outpatient settings.

Tel (02) 9113 2168 | Fax (02) 9113 3913 | Mob 0437 108 584

Apheresis CNC

The CNC co-ordinates all apheresis procedures performed at STG. This includes HPC collections, Platelet collections, Red Blood Cell Exchanges & Therapeutic Plasma Exchange.

The CNC is also involved with quality management pertaining to HPC collections.

Tel (02) 9113 31641 | Fax (02) 9113 3809 | (02) 9113 1111 Page 1162

Cancer Outreach CNC

The CNC role is outpatient support for people living with cancer to improve QOL, reduce LOS and ED presentations. The CNC is available for home assessments for those that live in the SGTSHHS catchment – including clinical review, blood testing, transfusion support, treatment and symptom advice/management. Phone support available, telehealth and rapid assessment clinic for any cancer patient being treated at STG or TSH.

Tel (02) 9113 1897 | Mob: 0401997228 / 0421055632 Fax (02) 91133689. |(02) 9113 1111 Page 392 / 345

Prostate & Bladder CNC

The CNC role is to coordinate the care of patients diagnosed with either prostate or bladder cancer. The CNC follows patients through the cancer continuum and ensure they are aware of and are following their treatment plan. The CNC links patients into appropriate services and ensure they are well supported throughout their cancer journey along with their families and carers. The CNC provides ongoing phone support, education and ongoing symptom management and advice. The CNC also coordinates the state wide Seed Brachytherapy service as well as the HDR brachytherapy service for prostate cancer patients undergoing this treatment option. The CNC is also a member of the Cancer Nurse Coordination team which provides coordinated care to patients with other cancers.

Tel (02) 9113 3421 | Fax (02) 9113 1547 | (02) 9113 1111 Page 566

Breast Care CNC

The Breast Care Nurse CNC provides information, support, education and care coordination to women and men diagnosed with early and advanced breast cancer, along with their families. They have contact with patients throughout the trajectory of their disease including chemotherapy, surgery, radiotherapy, endocrine, immunotherapy and targeted treatment. The CNC provides ongoing symptom management advice. The CNC refers to other services as needed and provide education for staff.

Early Breast Cancer Nurse | Tel (02) 9113 1173 | Fax (02) 9113 1547 | Mob 0448 344 494

Advanced Breast Cancer Nurse | Tel (02) 9113 2533 | Fax (02) 9113 1547 | Mob 0419 776 023

CNC Palliative Care

The role of the palliative care CNC is to provide expert pain and symptom management, emotional support and end of life care to patients with life limiting illness who have complex needs.

Palliative care is not only available to patients with malignancy but to those with end stage non-malignant disease also. The CNC also liaises closely with patient's local palliative care services.

Tel (02) 9113 2151 | Fax (02) 9113 2051 | (02) 9113 1111 Page 502

CNC Integrated Care

CNC Integrated Care The role of the Integrated Care CNC is to co-ordinate the GPCanShare program which creates a share care plan between the patients General Practitioner (GPs) and their Cancer Medical Specialist. The CNC provides assistance in recommending GPs within the Sydney Eastern Sydney Local Health District, create and strengthen the communication between the local hospitals and local GPs, actively encourage patients to participate in a healthy lifestyle post treatment and provide a referral pathway for patients who relapse from their cancer diagnosis.

Tel (02) 9113 2097 / 9113 3909 | Fax (02) 9113 3913 | M 0408577841

CNC Supportive Care Service

The role of the Supportive care CNC is to provide support, advise and expert symptom management for people with a life limiting illness who are in the last 12 months of life as part of a multidisciplinary team. Assisting with linking them to community supports and services. Liaising closely with their primary health provider and support network to improve the quality of life for this cohort.

Tel (02) 9113 4182 | M 0476866676 | Fax : TBA

Neurodisability Palliative Care Lead CNC

Consultative service for any clients with Neurodisability who is linked to one of the palliative care services in the district.

Mob 0461517088

INFECTIOUS CONTROL

Infection Control CNC

The Infection Control CNC role is to ensure that standard 3 of the National Safety and Quality Health Service Standards is maintained to minimise Hospital Acquired Infections (HAI). This includes overseeing, managing and implementing processes around; HAI surveillance, quality improvement systems, integrating clinical governance, partnering with



consumers, standard and transmission-based precautions, hand hygiene auditing and tracking of compliance, aseptic technique, invasive medical devices, clean and safe environments, monitoring infections in the workforce, reprocessing of reusable equipment, antimicrobial stewardship.

Tel (02) 9113 3862 & 9113 4608 | Fax (02) 9113 1575 | Mob 0429890544 | Page 323

INTELLECTUAL DISABILITY

Specialist Intellectual Disability Health Team CNC (STG & TSH)

The CNC has responsibility for leading the Specialised Intellectual Disability Health Team to develop the skills, confidence and experience of mainstream health staff in SESLHD, ISLHD and NBMLHD to meet the health needs of people with intellectual disability. We provide comprehensive assessments to people with a diagnosed intellectual disability across the life span.

Tel (02) 9113 4273 | Mob 0438776254

INTENSIVE CARE

Intensive Care Unit CNC

The CNC role is to provide and ensure clinical best practice in care of the Intensive care patient to support and provide expert advice based on the best evidence to nursing and junior medical staff caring for the critically ill receiving management for multiple body systems failure.

Tel (02) 9113 3225 | Fax (02) 9113 3971

LIVER

Hepatology CNC

The CNC role is to manage patients with Advanced Liver Disease including Liver Cirrhosis through a specialised nurse led model of care. The CNC provides services to both inpatient and outpatient settings to ensure continuation of care provision. The CNC is responsible for the facilitation of an outpatient paracentesis clinic as well as a point of resource for GP's and other Medical Specialities in regards to Chronic Liver Disease Management.

Tel (02) 9113 1526 | Fax (02) 9113 3993 | (02) 9113 1111 Page 282

Chronic Liver Disease CNC – Community/Hepatitis C

The CNC role is to support GP's and practice nurses to manage patients with liver disease, specifically hepatitis C. The CNC provides community liver assessments using a mobile Fibroscan in addition to Point-of-Care and Dry Blood Spot Blood Borne Virus (BBV) testing. The CNC is a point of contact for Primary Care providers and provides education on testing and treatment of hepatitis C. The CNC is also responsible for the management and treatment of patients with chronic hepatitis C within the SGH Liver Service.

Tel (02) 9113 4806 | Fax (02) 9113 3993

Chronic Liver Disease CNC – Hepatitis B

The CNC role is to provide care and support patients living with viral Hepatitis B, especially people from CALD backgrounds. The CNC is responsible for patient management coordination working closely with Primary Care providers in an integrated model for Hepatitis B. The CNC also directly engages with CALD communities providing education and screening services to at risk populations.

Tel (02) 9113 2407 | Fax (02) 9113 3993 | Mob 0418 851 984

Hepatocellular Carcinoma CNC

The CNC role is to manage patients with hepatocellular carcinoma (HCC) along with their underlying liver disease, through a special nurse led model of care. The CNC is responsible for coordinating care. This is attained by communicating with gastroenterologists/Hepatologists, Oncologists, Interventional radiologists, palliative care team, Dietitians, GP's and other required services, to deliver individually based patient centred treatment and follow-up.

Tel (02) 9113 1023 | Fax (02) 9113 3993 | 9113 1111 Page 1176

MENTAL HEALTH



Consultation Liaison Mental Health CNC

The CL CNC will provide mental health clinical assess for patients admitted to a general hospital setting. Assessment will include mental state, risk, behaviour, and engagement in treatment. A management plan is formulated with input from other treating clinicians, family and significant others. The CNC also assists in formulating management plans for complex presentations, including behaviour management, or provide clinical advice.

Tel (02) 9113 1111 pager 231

Mental Health GP Liaison CNC

The Mental Health GP Liaison CNC position works closely with local GPs, supporting them with mental health patients, as well as linking current consumers with local GPs.

Tel (02) 9553 2500

KBIM (Keeping the Body In Mind) CNC

The CNC role works with clients of this service who are overweight as a consequence of their mental illness due to both medication and lifestyle. The CNC works closely with local GPs and other specialty services.

Tel (02) 9553 2500

Clozapine Coordinator CNC

The CNC role is to look after all patients within St George Mental Health that are on Clozapine treatment. This is a highly specialised and closely monitored medication that is used for treatment resistant schizophrenia. The CNC monitors them on a weekly to four weekly basis, depending on where they are on the treatment journey. The CNC runs a clinic on Wednesdays only at Community Mental Health. During this clinic the CNC visit all patients have standard clinical observations and their blood results checked, before continuing treatment.

Tel (02) 9553 2500 (Tues-Thurs) | Fax (02) 9553 2525

CNC PECC

The ED/PECC CNC will provide mental health assessment to customers presenting to ED with mental health issues. In consultation with ED staff, relevant mental health clinician, family and carers the CNC will formulate a plan of care for the consumer which may be: Discharge back to the community with clearly documented & communicated follow-up plan, or Facilitate an admission to the mental health unit.

Tel (02) 9113 1111 Page 833

MISCELLANEOUS

CNC Voluntary Assisted Dying (VAD)

The Voluntary Assisted Dying - Liaison Service Navigators/CNCs are based in SGH and work across SESLHD from Watsons Bay to Waterfall to provide coordination, guidance, navigation and education to patients, families, health practitioners, other SESLHD staff and external facilities in relation to VAD. This includes coordinating with multiple services, hospitals, hospices, residential aged care facilities both participatory and non-participatory. We see patients as inpatients, outpatients and in the community setting. We work with families at all stages of their loved ones VAD

Tel (02) 9113 1111 and ask for the Voluntary Assisted Dying - Liaison Service

Patient Flow and Transfer of Care

The CNC role is to provide recommendation and expert clinical advice to patients, carers and health professionals in relation to transfer of care of patients with complex needs. This involves using a patient centred process that provides coordinated timely identification, holistic assessment, care recommendation and facilitation through the hospital system. I also liaise with internal and external health care providers and acute and sub-acute facilities.

Tel (02) 9113 3146 |(02) 9113 1111 Page 180 | Mob 0437 919 628

CNC Transition Team

Providing complex care requiring advanced clinical skills in relation to complex care coordination. Identification of vulnerable patients early in episode of care at risk of complex discharge, identified by proactive and autonomous



investigation or by referral from Multi-Disciplinary teams. Maintaining high visibility and leadership to guide Clinical teams to assist in problem solving, and managing complex discharge planning to assist with a positive patient experience and patient flow. Supporting coordination of complex care and by assisting Transition team OT & SW on NDIS, RACF and guardianship planning. Tracking RACF delays and attending weekly RACF meetings, provision of advanced clinical advice. Attending priority MDT meetings with provision of advanced clinical advice and liaising with external health care services. Managing operational factors that influence patient access and improve patient journey. Engage with all stakeholders in the initiation and development of internal and external strategies to inform improvements in patient journey including CEC, Whole of Health Program.

Tel (02)9113 3396 | Mob 0448347450

Deteriorating Patient Programs CNC

The CNC role helps oversee the implementation of policy and procedure pertaining to National Standard 8
The CNC oversees the current programs of PACE and SEPSIS Kills including application of policy, guidelines, data collection and reporting via LHD.

Implicit in reporting function is performance benchmarks against peer sites in the LHD and state.

The CNC clinically reviews all deteriorating patients at SGH via both PACE and Death review processes.

The CNC participates in quality improvement activities based upon review findings and trends for service provision improvement.

The CNC provides education on the deteriorating patient and associated systems for both medical and nursing.

Tel (02) 9113 2845 |(02) 9113 1111 Page 336 | Mob 0419226253

After Hours Clinical Emergency Response System (CERS) CNC

The CNC role involves after-hours clinical support of Nursing and Medical staff in managing the deteriorating patient. The CNC attends all attends all Clinical Review, Rapid Response and Code Blue calls throughout the campus and seek to ensure that optimal patient care is delivered both during the event and afterwards with respect to care delivery, planning and ensuring appropriate disposition decisions are made. The CNC also provides general clinical and procedural advice and support in a non-emergency context to both Nursing and Medical staff.

Tel (02) 9113 1111 Page 1336

Research Fellow CNC

The Research Fellow/CNC collaborates with research teams both within the hospital and associated research institutes to carry out studies in nursing, midwifery, and health. This position involves participating in research activities that align with the strategic objectives of the Nursing and Midwifery Directorate. The Research Fellow/CNC assists nurses and midwives in undertaking impactful nursing research, grant applications and dissemination of findings. The Research Fellow/CNC aims to ensure translating evidence into practice and sharing their research knowledge with clinicians at St George Hospital. They are also expected to create a productive, high-quality research network both within St George Hospital and with various local, national, and international partners.

Tel (02) 9113 1202

Integrated Care Planned Care for Better Health (PCBH) CNC

Provides a comprehensive 12-week model of care, responsive to patients individual, holistic care needs and sits within the Integrated Care Unit SESLHD. The key focus is delivering person-centred care, promoting wellness, empowerment and enablement by working with services to facilitate and deliver health coaching, care navigation and care coordination for clients with an identified chronic disease at risk of Hospital representation .Clients are initially sourced via the Patient flow portal and identified via the ROH algorithm and enrolled via intake at the AARC .

Our CNCs aim to work collaboratively with existing Chronic Disease teams and Clients GPs and the broader

Multidisciplinary teams to provide support in the community for up to 12weeks to optimise patient self-care outcomes

Telephone on 02 9113 3999 | Mob 0409504940.

Referrals can also be made via Orders on EMR please contact us directly to discuss.

Movement Disorders CNC



The movement disorder nurse provides specialist nursing care for people living with a movement disorder. This includes people living with Parkinson's disease, Progressive Supranuclear Palsy (PSP), Multiple System Atrophy (MSA) and dystonia. The movement disorder nurse can be accessed at any stage through the disease process; newly diagnosed through to advanced disease progression. The clinical nurse consultant role supports people and their families living with Parkinson's and movement disorders by optimising their knowledge and understanding of treatments services and supports available. The movement disorder nurse works predominantly in the outpatient clinic and can provide support and education for inpatients when needed. The movement disorder CNC coordinates initiation and ongoing management of Duodopa a new device assisted therapy treatment offered at St. George hospital for advanced Parkinson's disease.

Tel (02) 9113 2401 | (02) 9113 1111 Page 595

Extended Community Care CNC

Tel (02) 9113 4087 | Mob: 0410346840

NEUROLOGY

Neurology CNC

The CNC role provides assistance in the management and planning for all neurology patients, including patients who present to the Emergency Department with Stroke. The CNC and Neurology team collaboratively drive timely clinical management for these patients including thrombolysis, endovascular clot retrieval or conservative acute stroke unit management. The CNC provides support and education to the nursing staff, patients and carers about various neurological conditions such as Strokes, Seizures, Multiple Sclerosis and Guillain-Barre syndrome to enhance care and improve understanding.

Tel (02) 9113 2426 | (02) 9113 1111 Page 466

NUTRITIONAL SUPPORT

Nutritional support CNC

The CNC role provides clinical consultancy and collaborative management of inpatient and outpatient enteral and parenteral nutrition therapies. This includes clinical consultancy and management of Home Enteral Nutrition (HEN) gastrostomies, including ballooned, non-ballooned and skin level devices. The CNC provides support and education to patients, carers and staff. The CNC is able to accept referrals from Children's network after paediatric transition into adult medical services at St George Hospital to provide continuity of ongoing support and clinical consultancy for HEN patients. The CNC attends nursing clinics through the ACU. The Nutritional Support CNC also provides nursing consultancy within the hospital's TPN team.

Tel (02) 9113 2305 or 9113 3698 | Fax (02) 9113 1569 | (02) 9113 1111 Page 125 & 375

ORGAN AND TISSUE DONATION

Donation Specialist Nurse CNC (STG & TSH)

The CNC coordinates and facilitates the process of organ and tissue referral of all potential and actual donors across the SESLHD/STVH/ISLHD inclusive of: donor family support, donor management and referral: ensuring medical and legal requirements are fulfilled in accordance with NSW legislation and regulatory bodies. 24 hour on call service provided. The CNC educates staff in all key areas regarding donor identification and management. The CNC provides community education including schools, local CALD groups and more broadly in conjunction with NSW OTDS. Additional duties include: data analysis and reporting, participation in research projects, Designated Officer administrator for Southern SESLHD.

Mob 0413009332 / 0477301015

PAIN

Pain Management CNC

The Pain Service CNC role assists in the assessment and management of pain for inpatients at the St George Hospital. The CNC works independently and as part of a collaborative team whose primary aim is to minimise acute pain following surgery or trauma. The CNC role is also involved in managing complex pain issues in other hospitalised patients. Chronic



pain patients may be referred to the St George Hospital Pain Management Unit as outpatients. GPs and specialists may contact the Chronic Pain clinic for advice relating to the ongoing management of their patients.

Tel (02) 9113 2381 | (02) 9113 1111 Page 793

RENAL

<https://stgrenal.org.au/>

Chronic Kidney Disease CNC (STG & TSH)

The CKD CNC role is to manage the Renal Options Clinic and track patients with stage 5 chronic kidney disease. This clinic provides education in particular the different types of Renal replacement therapy treatment options available for end stage kidney disease. The CNC also manages the virtual medical clinic which consists of stable chronic kidney disease patients that only require 6mth kidney health checks with the GP and 12mth kidney health check reviews by the CNC in consultation with the treating nephrologist. The CNC is also available to community agencies to help navigate the SGH renal services.

Tel (02) 91133634 | Fax (02) 9113 1786 | (02) 9113 1111 Page 843

Renal Transplant Coordinator (STG & TSH)

The CNC role is to provide oversight for: all pre-transplant recipients in work up, whether going onto the transplant waiting list or getting a transplant from a living donor; living kidney donors going through donor assessment; post-transplant or post-donation follow up for all St George transplant recipients and living kidney donors.

Tel (02) 9113 4205 | Fax (02) 9113 1786 | (02) 9113 1111 Page 253

Renal Vascular Access CNC (STG & TSH)

The CNC role is to ensure our patients commence haemodialysis with a functioning fistula. The CNC arranges mapping of the patient's vessels and coordinates referrals to a vascular surgeon so an access is created in a timely manner. The CNC reviews and monitors all haemodialysis patients once their access is created in our vascular access clinic.

Tel (02) 9113 3818 | Fax (02) 9113 4552 | Mob 0457 756 436 | (02) 9113 1111 Page 310

Peritoneal Dialysis CNC (STG & TSH)

The CNC role provides clinical leadership and oversight for the peritoneal dialysis (PD) service responsible for the education, support and training of patients to manage peritoneal dialysis at home. The CNC manages the pre PD assessment and education clinic that provides patients flagged for PD a comprehensive assessment and information session prior to commencing dialysis. The CNC role also provides assistance, education and support to doctors and nurses for the inpatient and outpatient management of existing and upcoming peritoneal dialysis patients plus facilitate peritoneal dialysis catheter insertion by liaising directly with the vascular surgeons.

Tel (02) 9113 3770 | Fax (02) 9113 2684 | (02) 9113 1111 Page 1091

Kidney (Renal) Supportive Care CNC (STG & TSH)

The CNC provides a consultative service that works side by side with kidney doctors in providing symptom management for patients with chronic kidney disease. The Kidney Supportive Care team consists of palliative care specialists, nurse consultants, dietitian and social worker. The CNC can support patients in the in-patient setting, at outpatient clinics (St George – Tuesday afternoons / TSH – Friday afternoons – referral required to Dr Frank Brennan) and if needed, residential aged care facilities.

Tel (02) 9113 2854 | Fax (02) 91131532 | (02) 9113 1111 Page 764 or 1164 | Mob 0427147601

RESPIRATORY

Respiratory CNC

The CNC role is to provide clinical nursing support and consultancy for inpatients and outpatients with complex respiratory conditions. This includes the management of complex respiratory failure patients on non-invasive ventilation, tracheostomy patients in the community, asthma education and referral to the pulmonary rehabilitation program. The CNC role involves the provision of expert clinical consultation, case management, collaborative research and practice development as well as education and support to staff. The CNC collaborates with multiple stakeholders,



such as the respiratory coordinated care programme, general practitioners, Nursing homes, and respiratory consultants to achieve high quality, patient centred healthcare.

Tel (02) 9113 3006 | (02) 9113 1111 Page 328

Tuberculosis CNC

The CNC role is responsible for the provision of TB services within the area health. Working alongside with NSW TB health to screen and manage Tuberculosis within the community and workforce. Providing education, screening and support to patients and staff in management of Tuberculosis and exposure.

Tel (02) 9113 2430 | Fax (02) 9113 1948

HIV & INFECTIOUS DISEASES

HIV & Infectious Diseases CNC

The CNC role is to provide care to people living with HIV within the St George and Sutherland areas, covering both inpatients and patients attending the Waratah Clinic. The CNC can provide advice on the testing, diagnosis and treatment of HIV, as well as provide support and education for staff caring for these patients in various clinical settings. Additionally, the CNC also oversees the clinical case management of inpatients with an Infectious Disease.

Tel (02) 9113 2963 | Fax (02) 9113 4058

STAFF HEALTH

Immunization and Surveillance Staff Health CNC

The Immunisation and Surveillance CNC oversees employment immunisation clearances and manages occupational health exposures to Blood Born Virus for Health Care Workers in line with NSW Minister of Health Policy's. Should you have any concerns with clients requesting history or vaccinations for positions in NSW Health (Health Care Workers) please feel free to contact the CNC for any explanation.

Staff who sustain an Occupational exposure to a potential BBV may sometimes wish to attend their GP and not go through staff Health should you have any queries regarding tests and protocol please don't hesitate to ask the CNC.

Tel (02) 9113 1871 | (02) 9113 1111 Page 084

STOMAL THERAPY

Stomal Therapy CNC (STG)

The CNC within the Stomal Therapy department at St George Public covers all aspects of care for patients with an ileostomy, colostomy or urostomy. The CNC will see all preoperative patients undergoing surgery at St George Public Hospital which may result in a formation of stoma for education and counselling. The CNC will see that all inpatients with a stoma are provided with ongoing education, counselling and stoma review. The CNC also provides outpatient follow up in the Stomal therapy outpatient clinic to patients who reside in the St George area.

Tel (02) 9113 3519 | Fax (02) 91132465 | (02) 9113 1111 Page 224 & 1066

SURGERY

Surgery CNC

The role of the CNC for Surgery at St George is to monitor, improve and develop models of care for the safe and effective elective and non-elective progression of surgical patients through the health system. This involves a collaborative evidence based approach to monitoring, research and education.

Tel (02) 9113 1176 | (02) 9113 1111 Page 599

Anaesthetics CNC

The role of the CNC is to support the department of anaesthesia, acting as a point of contact for stakeholders outside the department providing consultation and education. The CNC provides education and support to patients/ carers/ families regarding upcoming procedures with particular focus on complex and high-risk patients. Assisting with coordination of care and facilitating the perioperative processes.

Tel (02) 9113 1146



Anaesthetics Research CNC

The Anaesthesia Research CNC implements and coordinates department involvement in research and clinical trials and is responsible for the promotion and wellbeing of patients through the delivery of high-quality nursing care and research practices. The CNC provides education to staff and participants of clinical trials and conducts patient screening and obtains informed consent for studies.

Tel (02) 9113 2109 | Mob: 0455861243

Enhanced Recovery After Surgery (ERAS) CNC

The CNC role is to optimise the surgical care and outcomes of elective surgical patients. The CNC currently educates and supports colorectal, UGI, urology, vascular and neurological spinal, elective surgical patients. The CNC reviews and educates the patients in pre-admissions, supports them through their hospital journey and follows them up as out-patients.

Tel (02) 9113 4703 | (02) 9113 1111 page 1213

Peritonectomy CNC

The CNC role is to support people for whom peritonectomy surgery is proposed for a variety of primary and secondary peritoneal tumours including (but not limited to) Pseudomyxoma Peritonei, Peritoneal Mesothelioma, colorectal cancer, appendix cancer and ovarian cancer. The CNC provides pre-peritonectomy education, coordination of preoperative work-up assessments as well as ongoing support, advocacy and assessment throughout the peritonectomy journey and subsequent follow up.

Tel (02) 9113 2554 | Fax (02) 9113 3391 | (02) 9113 1111 Page 279 or 072

Vascular Access CNC

The Vascular Access CNC is responsible for providing clinical nursing support and consultancy to inpatients and outpatients who require the insertion of a vascular access device to receive their treatment in a safe and timely manner. The Vascular Access CNC is responsible for ensuring that the most appropriate device is inserted in the right patient at the right time. Vascular Access devices inserted by the CNC include Difficult intravenous Access (DiVA) cannulas, midline catheters, PICC lines, CVCs and tunnelled vascaths. The CNC utilises ultrasound guidance for all insertions

The CNC assists clinical areas with troubleshooting of all vascular access devices in both in patients and outpatients with the support of Haematology, Oncology & Renal Vascular Access CNCs

The CNC role also provides support, assistance and education to doctors and nurses managing vascular access devices in both the inpatient and outpatient settings.

Tel (02) 9113 3278 | Tel (02) 9113 2385 | Mob: 0436 314 010 | (02) 9113 1111 Page 1277

TRAUMA

Trauma & P.A.R.T.Y CNC (DISTRICT SESLHD)

The SESLHD Clinical Nurse Consultant Trauma / P.A.R.T.Y Program- Prevent Alcohol & Risk Related Trauma in Youth is a District CNC position that provides clinical leadership and specialty related education within the Trauma Services across SESLHD in addition to providing a consultancy service, initiating and utilising research and coordinating the activities and outcomes of the Trauma Services with associated organisations. The CNC leads and supports trauma research and quality improvement activities across trauma referral networks and ensures relevant referral pathways are being followed in accordance with Critical Care and Trauma Referral networks across both the rural and urban facilities referring trauma patients to the St George Hospital from ISLHD & MLHD & Greater Southern LHDs. The CNC conducts clinical in-service and education across networked facilities, audits trauma care at networked facilities and reports on individual and aggregate trauma data at these facilities.

The SESLHD Trauma / P.A.R.T.Y CNC is also responsible for co-ordinating and facilitating the P.A.R.T.Y program, this involves scheduling and liaison of schools into the programme ensuring they have the necessary information to comply with P.A.R.T.Y programme requirements. The role coordinates the scheduling of the clinicians and volunteer speakers liaises with Paramedics, Police, volunteer staff, community partners, school follow up visits and seeking ongoing corporate partnerships and liaising with sister programs.

Tel (02) 9113 1308 | Mob 0408790894 | Fax (02) 9113 2586 | (02) 9113 1111 Page 019

UROLOGY

Urology / Continence CNC

The CNC role includes consultation, education and support regarding urological, urogynae and continence related issues in both inpatient and outpatient clinic settings. This includes conservative management for urinary incontinence, Urinary catheter management, paediatric enuresis and working in the Pelvic organ prolapse clinic.

Tel (02) 9113 1473 | (02) 9113 1111 Page 272

Continence Extended Community Care CNC

The CNC role includes consultation within the community setting with all ages, both male and female. Providing management and support regarding continence related issues within the Residential Aged Care Facilities and Home. I provide home & RACF trial of void and review of difficult catheterisation. I provide a paediatric clinic covering bladder (Enuresis) and bowel management in clinic. The CNC role provide support/education and attend catheter competency check for STG community nurse. The CNC role also offers Continence/Urology education sessions if time permit for nursing staff in the Residential Aged Care.

Tel (02) 9113 4087 | Mob: 0421058316 | Fax (02) 9113 3388

WOMENS & CHILDRENS HEALTH

Complex Pregnancy Care CMC (STG & TSH)

As the Complex Pregnancy Care CMC the role provides direct clinical care for women during pregnancy, birth and postpartum with complex psychosocial and obstetric issues. The CMC participates as part of a multidisciplinary team to support staff throughout the Woman's & Children's Health service and the hospital to ensure pregnant women with complex needs have appropriate planning and care for themselves and their newborn.

The CMC also governs and manages the Woman's & Children's Health intranet site containing clinical business rules across St George and Sutherland Hospitals.

Tel (02) 9113 2265 | Fax (02) 9113 3901 | M 0418629322

CMC Risk Management & Practice Development

The CMC role is to support and educate midwifery and medical staff with any updates or evidence based changes in maternity practice or models of care for pregnant women and their families and to monitor and investigate any risks or incidents within Maternity care.

Tel (02) 9113 3298 | Fax (02) 9113 3901

Lactation CMC

The CMC is an International Board Certified Lactation Consultant. The Lactation-CMC role is to support and educate hospital staff in the management of lactation and breastfeeding. The CMC also provides consultations with mothers and babies who have complex feeding issues during their pregnancy, while inpatients in hospital, and for up to two weeks post birth. The CMC is happy to be contacted as a support for GP's and practice nurses as required. Tel (02) 9113 2053 | (02) 9113 1111 Page 181, numbers covered 7 days per week except PH and leave.

Tel (02) 9113 2053 | (02) 9113 1111 Page 181 | numbers covered 7 days per week except PH and leave

CNC Paediatric Diabetes

The Paediatric Diabetes CNC role is to provide direct clinical care to young people and their families with Type 1 and Type 2 diabetes in both the acute and chronic stages of the condition. The CNC ensures patient care models remain up to date and in line with best practice guidelines. The CNC works as part of a multidisciplinary team and co-ordinates and delivers diabetes education and support to patients their families and carers which includes day care and school teachers, from diagnosis. The CNC has an ongoing relationship with families all the way through until they transition to adult services, which the CNC facilitates in conjunction with the adult diabetes CNC.

The CNC is responsible for hospital admission avoidance by being in direct contact with the families to manage sick days and episodes of hypo and hyperglycaemia. The CNC is responsible for co-ordinating and delivering education for our patients and their carers on the latest technologies available in diabetes including insulin pump therapy and continuous



glucose monitoring. As part of the CNC role consultancy is provided to registered nurses and Medical Staff in the St George Hospital. In particular the Paediatric ward and the emergency department.

Tel (02) 9113 2774 | Fax 9113 2767

CMC Research Support

The CMC role is to co-ordinate the research being undertaken by the Obstetric Medicine Research Group in Women's and Children's Health. This includes project management, conducting study visits, data management and analysis, writing for publication, and training/mentoring new researchers including medical students.

Tel (02) 9113 2117

WOUND

Wound CNC

The wound care CNC's role is to aid in determining wound aetiology through a thorough wound assessment and then formulate goals and a management plan for a patient's wound. The CNC role provides support for anyone who requires aid or education on wound management for all types of wounds. The CNC role also acts as a point of referral to medical or allied health staff for further investigations or management of specific wound types. This CNC role supports a wound care clinic through the St. George Hospital outpatient department on a Thursday afternoon accessible by referral from a medical officer e.g. GP, or a nurse practitioner.

Tel (02) 9113 2134 | (02) 9113 1111 Page 813