

Calling primary care and allied health workers that support people living with persistent mental illness: Expression of Interest

The primary care and allied health workforce across South Eastern Sydney Local Health District are invited **to join a study about what impacts physical health for people living with a persistent mental illness**. This includes physical health behaviours (exercise and diet) and access to support for physical health.

Why am I being invited?

People living with persistent mental illness experience poor physical health outcomes compared to the general population. **This study can help us learn ways to improve physical health care**. In this study persistent mental illness is a diagnosis of schizophrenia and related psychoses or bipolar disorder.

We want to hear from **general practitioners, nurse practitioners and allied health workers** that support adults living with persistent mental illness outside of Mental Health Services. Your perspectives will help us understand ways to improve physical health care for people living with persistent mental illness.

What does the study involve?

Joining the study is your choice and **you will be reimbursed for your time**. It includes three activities:

- Two online activities to share your thoughts and ideas about what impacts physical health care. These activities take up to 30-45 minutes to do in your own time.
- An online co-design workshop (2.5 hours). We will talk about how to improve physical health care for people living with persistent mental illness.

To learn more about the study click this [link](#) and read the Participant Information Statement. You can fill out the online Expression of Interest Form.

Who is conducting the study?

This study is being done by researchers from the University of New South Wales, Mindgardens Neuroscience Australia, Tasmanian Centre for Mental Health Service Innovation and the University of Tasmania.

This study has been approved by the South Eastern Sydney Local Health District Human Research Ethics Committee 2024/ETH01486.