

# Sydney District Nursing

## Information for health professionals



### About Sydney District Nursing

Sydney District Nursing is a service of RPA Virtual Hospital. We provide care to patients who live in the following Local Government Areas:

- City of Sydney (western part)
- Inner West Council
- Canterbury-Bankstown Council (Canterbury part)
- Canada Bay
- Burwood
- Strathfield

Sydney District Nursing provides care to patients at home and at ambulatory care clinics located at Croydon, Marrickville and Redfern Health Centres and the RPA East HealthOne at Green Square.

We work in partnership with:

- Medical specialists
- Allied health professionals
- General Practitioners
- Community organisations
- Residential Aged Care Facilities

#### Services available

- Acute and chronic wound care assessment and management including Negative Pressure Wound Therapy
- Hospital in the Home (HITH) - for hospital type care in the home including intravenous medication management and drain management.
- Palliative care including symptom management, end of life care and advance care planning
- Catheter education, care and management
- Care for chronic medical conditions
- Referral to allied health services such as physiotherapy, occupational therapy, podiatry and speech pathology



### How to make a referral

GPs and other healthcare professionals can refer patients to Sydney District Nursing through the **RPA Virtual Intake Service**.

To make a referral:

#### Step 1.

Complete the referral form:

[slhd.nsw.gov.au/communityHealth/SDN-referral/](https://slhd.nsw.gov.au/communityHealth/SDN-referral/)

#### Step 2.

**Submit the form via email:**

[slhd-rpavirtualintakeservice@health.nsw.gov.au](mailto:slhd-rpavirtualintakeservice@health.nsw.gov.au)

GPs and specialists are kept informed of a patient's progress and the need for clinical review. A discharge summary is provided at the conclusion of the episode of care.



#### Contact

##### Sydney District Nursing via the RPA Virtual Intake Service

Monday to Saturday (including public holidays)  
(8am to 4.30pm)

**Phone:** 1800 433 893

**Email:** [slhd-rpavirtualintakeservice@health.nsw.gov.au](mailto:slhd-rpavirtualintakeservice@health.nsw.gov.au)

**Referral form:**

[slhd.nsw.gov.au/communityHealth/SDN-referral/](https://slhd.nsw.gov.au/communityHealth/SDN-referral/)