

Support safer opioid use with the Opioid Safety Toolkit

Practical ways to talk about naloxone and the Toolkit

Start the conversation

Can I talk to you about a medicine called naloxone? It is available over the counter and we recommend that anyone taking strong opioids keeps it in the home

Normalise naloxone

Offer naloxone as a part of a safety plan. Liken it to a fire extinguisher, first aid kit, or EpiPen.

Keeping naloxone is like having a fire extinguisher: we hope you'll never need it, but it's important to have in your home just in case

Offer the Toolkit

You can make your own personalised opioid safety plan at saferopioiduse.com.au

Language is important!

The term 'overdose' is often misunderstood. Say 'severe reaction' (avoid 'overdose'), OR define 'overdose' before you label it.

The most severe reactions to opioids are loss of consciousness and difficulty breathing, which (in a worst case scenario) can cause death. This is sometimes called an 'overdose', but it can happen even if you take your normal prescribed dose

Reassure this is just a precaution

This advice applies to everyone.

Sometimes severe reactions happen even when you're doing everything right. That's why we encourage everyone to take this home 'just in case'. Having an opioid safety plan can protect you and your family



Check out the Toolkit

Scan QR code or visit
www.saferopioiduse.com.au
for tools and resources



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**Opioid
Safety
Toolkit.**