RHW Menopause Hub moves to Complex and Severe

As part of the NSW Government initiative to enhance menopause services for women across the state, the Royal Hospital for Women Menopause Clinic has transitioned to a new model of care in 2025, with the focus of treatment on Severe and Complex.

The move to the new Menopause Hub on Avoca Street means women can access specialist services including gynaecology, endocrinology, and psychiatry, along with specialist nurses and other allied health.

Referral criteria can be found on HealthPathways under “Menopause Specialised Assessment”, referrals can be made via the e-Referrals system, and women will be triaged into the appropriate clinic, depending on their needs. Patients who do not fit criteria for the Menopause Hub will be supported by a specialist nurse, offered a comprehensive women’s health assessment as well as information and resources on where to access further help.

With capability building in primary care being one of the clinical priorities of the initiative, GP case conferencing is available at the Hub and there are plans for GP shared care in the future. Free bimonthly GP education seminars are also available via the menoEcho platform. (<https://aci.health.nsw.gov.au/networks/menopause/menoecho>)

Further information available at -

<https://www.seslhd.health.nsw.gov.au/royal-hospital-for-women/services-clinics/directory/menopause-hub>

<https://sesydney.communityhealthpathways.org/welcome> Menopause Specialised Assessment

<https://aci.health.nsw.gov.au/networks/menopause>

