

Planning Your Baby



Childbirth & Parenting Programs The Sutherland Hospital

Are you planning to become pregnant? Join our Midwives for this 2 hour program where you will learn important information to help you have a healthy pregnancy and ensure the best possible start in life for your baby. Together with a registered midwife, you will discuss the importance of diet, supplements, medical issues, fertility, health and lifestyle factors.

Cost: \$40.00 for two people.

Book and pay online:



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