

# Intellectual Disability Palliative Care Service

## What We Do



We help people with intellectual disabilities who have serious illnesses.



We focus on relieving pain and symptoms.



We improve the quality of life for patients.



We support families and caregivers emotionally and practically.

## How to Get Help



### 1 Referrals



Referrals are accepted through local **Community Palliative and Supportive Care Services** at **The Sutherland Hospital, St George Hospital, and Prince of Wales Hospital.**



A **GP referral** is needed for **Medicare billing.**



Email patient details to:

**SESLHD-intellectual-disability-palliativecare@health.nsw.gov.au**  
to get a **referral form.**

### 2 Who We Help



People with intellectual disabilities living in the **SESLHD area.**



Patients linked to a **SESLHD Palliative Care Community Supportive Care Service.**



Patients with **unmet palliative care needs** and a **prognosis of less than 24 months.**



Patients needing help with **discharge planning** to specialist disability accommodation.



Patients with **2 or more hospital admissions or emergency visits** in the last 12 months.



Patients needing **home visits** for palliative care but not eligible for **Specialist Community Palliative Care Support Services.**

## Services We Offer



Support for patients both in the hospital and at home.



Home visits and clinic reviews.



A comprehensive community palliative care plan.



Support for disability accommodation staff to implement the care plan.



Training for health staff in disability supports and services.



Training for disability staff in palliative care management.



Complementary services to those the patient is already receiving.



## Contact us



**0431 517 088**



**[seslhd-intellectual-disability-palliativecare@health.nsw.gov.au](mailto:seslhd-intellectual-disability-palliativecare@health.nsw.gov.au)**



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