



Exploring End of Life Choices

Planting your Mortality Garden

In this workshop, Victoria Spence and members of the Life Rites team, gently guide us through how to begin conversations about this most important time in our lives. Drawing from lived experience and professional experience, they share their knowledge and information to help us know what is important to us and those we love.



Ben Gibson
The Masculine Response to Death

Ben discusses how gender can influence our responses.



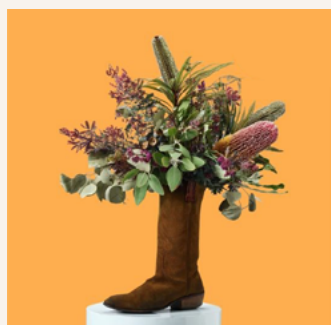
Kim Somerville
Reflections on end of life doula and after death home care

Kim reflects upon the support an end-of-life doula can provide during the journey.



Chantel Jurcevic
Caring for the Carers

Chantel shares insights and wisdom of how we can better support our carers.



Victoria Spence
Tending to your Mortality Garden

Victoria will offer us ways to continue to care for ourselves and our mortality garden.

Mill Hill Centre

31-33 Spring Street
Bondi Junction

- 2 hours free parking available at Waverley Library
- 5-7 walk from Bondi Junction transport interchange.

Sunday
3 August 2025
2 pm - 4 pm



<https://shorturl.at/7AoKD>