



Supporting Healthy Futures for Aboriginal and Torres Strait Islander Peoples

Would your practice like support to improve care for your Aboriginal and Torres Strait Islander patients?

You are invited to take part in a research trial to increase and improve the implementation of 715 Health Checks for Aboriginal and Torres Strait Islander peoples and associated care.

What will practices be asked to do?

All practices will be asked to participate in data collection activities, including:

- Consent for Pen CS to conduct remote data extraction of de-identified medical records
- Completion of a 10-min Staff survey
- Promotion of a Patient survey
- Clinical record audit of 20 recent Health Checks

Practices will be **randomly allocated** to either the Care Enhancement or Usual Care group. The following support and strategies will be implemented over a 12 month period for practices allocated to **Care Enhancement**:

Study Champions

Practices to nominate up to 2 staff to facilitate and monitor implementation of strategies.

Audit and Feedback

Bi-monthly data-based reports provided to practices on 715 rates, screening and medications.

Culturally Responsive Care

Prioritising and monitoring progress to achieving culturally safe and appropriate care.

Staff Education

Education and training resources for delivering high quality 715 Health Checks.

Patient Education

Patient resources promoting benefits of identifying to the practice, 715 Health Checks and what to expect.

Recall and Reminder

Templates for culturally appropriate reminder SMS and communication strategies for patients due for a Health Check.

Usual Care practices will have access to data-based reports, training resources, and SMS templates at the end of the project.

All practices will be reimbursed for their participation

Is your practice eligible?

- Currently or willing to use CAT4 (aka PenCAT)
- Have at least 40 active clients recorded as Aboriginal and/or Torres Strait Islander
- Are committed to implementing changes to improve Aboriginal and Torres Strait Islander health

What are the potential benefits?

- Demonstrates commitment to Closing the Gap for First Nations peoples
- Tools to facilitate change towards culturally responsive care
- Data-based feedback may be used for accreditation or to inform QI strategies
- Increased practice revenue through MBS715 and associated follow-ups

What is the project timeline?

The project will run from early-mid 2025 to mid 2027, with participation required for approximately 18 months.



For more information or to register your interest, please email:
SHF@newcastle.edu.au

