

Welcome to the CESPHN Thrive Together Mental Health Forum – 11 September 2025

This event is more than just a networking event, this forum is a space for learning, collaboration, and advocacy as we work together to improve support systems and make a positive impact on mental health in our community.

Time	Topic	Presenter
9:00am	Guest Arrival Registration	
9:30am	Introduction and Welcome	Dane Purcell
9:35am	Welcome to Country	Aunty Barbara Simms-Keeley
9:40am	Overview of Forum Acknowledgment of Lived Experience	Dane Purcell
9:50am	Access, Coordination and Integration of Care	Mariam Faraj CESPHN
10:10am	Insights from the Future Proofing Study: A long-term mental health study of 6,300+ Australian adolescents	Dr Lyndsay Brown Black Dog Institute
10:40am	Linking physical and mental health	Russell Roberts Equally Well Australia
11:10	Morning Tea	
11:30	PANEL discussion	All presenters
12:00	<i>Activity: Social Bingo</i>	All
12:35	Lunch	
1:35	Burnout: Understanding the personal and workplace impact	Chris Jones CESPHN
2:05	<i>Activity: Paper Cranes</i>	All
2:40	Afternoon Tea	
3:00	<i>Musical interlude</i>	The Silverline
3:30	Wrap Up & Activity Display	Dane Purcell
3:40	Sound Bath	Libbie Brand & Angela McCarthy
4:30	END	