

CESPHN 2026 GP Peer Group Learning (PGL) Program



Fact Sheet

The GP Peer Group Learning (PGL) program is designed to maximise the benefits of working and learning together in a small group educational setting and is an ideal format for GPs to share knowledge, discuss daily practice with peers and learn from each other.

The PGL program also utilises peer support interaction and reflection to enhance participants' clinical competence, knowledge, skills, attitudes and performance. PGLs can also encourage collaboration and strengthen teams.

The CESPHN GP PGL cycle usually runs over a 12 month period, depending on the needs of participants. This model can be conducted as face-to-face meetings, online or 'blended' which is a combination of both. It is requirement of the program to have actual meetings for each component of the PGL cycle.

Structure of CESPHNs GP PGL Program

One "cycle" of the GP PGL program commences with a **mandatory planning meeting**, followed by at least **6 hours of cumulative interactive education meetings** and concludes with a **mandatory review meeting**. The planning meeting, interactive education meetings and review meeting are all **standalone sessions**. This cumulative structure allows participants time to reflect on their learning after each meeting and adequately prepare for the next.

Each interactive education activity runs for a **minimum of one hour** with most groups opting to meet for **two hours sessions**, excluding times for meals or refreshments. The PGL meeting format includes **six interactive education meetings**, increasing the likelihood that GP participants meet the **minimum attendance requirement of six hours**.

Measuring Outcome (MO) CPD Activity hours are awarded for attendance at the **Planning and Review Meetings**.

Reviewing Performance (RP) CPD Activity hours are awarded for attendance at the **interactive education meetings**.

Individual attendance will be calculated and uploaded to the **RACGP** on behalf of GP participants who successfully complete the PGL program cycle.

GPs also have the opportunity to **present a case study** for peer and presenter review.

They may **self report hours** spent on research and preparation of case studies as **Measuring Outcome CPD Activity hours**. Additionally, GPs may engage in **pre and post reading** relevant to the interactive education sessions and **self report those hours** as **Education Activity CPD hours**.

Participants who **do not successfully complete** the PGL program or **fail to attend the mandatory Planning and Reflection meetings** will not have RACGP CPD hours uploaded on their behalf. However, they may **self report the sessions they attended** to the RACGP as **Education CPD Activity hours**.

CESPHN Criteria for GP PGL Program

- Face-to-face groups are required to have a **GP facilitator and venue**
- The PGL cycle commences with a mandatory planning meeting
- Participant must attend a **minimum of six hours** of interactive education meetings to be eligible for CPD Activity hours to be uploaded to the RACGP.
- The cycle concludes with a **mandatory review meeting**
- PGL Education meetings must dedicate **at least 50% dedicated to case-based discussions**

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- GP participants are encouraged to **present a case study** and receive peer feedback at least once during the PGL cycle.
- GP participants must complete an **evaluation survey** after each meeting including the planning and review meetings
- To be eligible for the **Measuring Outcome CPD Activity hours**, there must be evidence of participation in both the planning and review meetings, along with completion of the corresponding evaluation surveys
- To be eligible for the **Reviewing Performance CPD Activity hours** must be evidence of attendance at a minimum of six hours of interactive education meetings and completion of evaluation surveys for each session attended.

Please note, the GP PGL program is a benefit of membership, as such all participants must be a financial member of one of CESPHNs member organisations.

Central and Eastern Sydney Primary Health Network (CESPHN) run a number of GP PGLs groups across the CESPHN region.

If you are interested in joining the program, please contact the:

CPD Program Officer: Peer Group Learning at events@cesphn.com.au