

Schedule of Visits

St George Hospital / Sutherland Hospital

This table describes the minimum recommended visits during pregnancy. Care is individualised and GPs will determine if more frequent or additional consultations are needed.

Stage of pregnancy	Encounter	Who to visit
6-10 weeks	See your GP to arrange routine antenatal screening and referral to your local hospital	GP
11-13 weeks	First trimester screening (NIPT and early anatomy scan OR combined first trimester screening +/- pre-eclampsia screening)	Private ultrasound provider
10-14 weeks	Booking visit with hospital midwife	Hospital
16 weeks	Antenatal visits with GP	GP
19-23 weeks	Ultrasound and review with either GP or hospital depending on pregnancy risk assessment	GP/ Hospital
24 weeks	Antenatal visits with GP	GP
28 weeks	Antenatal visit with hospital	Hospital
31 weeks	Antenatal visits with GP	GP
34 weeks	Antenatal visits with GP	GP
36 weeks	Antenatal visits with midwife or hospital doctor	Hospital
37 weeks	Antenatal visits with GP	GP
38 weeks	Antenatal visits with GP	GP
39 weeks	Antenatal visits with GP	GP
40 weeks	Antenatal visit with midwife or hospital doctor	Hospital
41 weeks	Antenatal visit with midwife or hospital doctor	Hospital
6 weeks after birth	Postnatal visit with GP	GP

Antenatal visits may include clinical assessment, review of blood pressure and your baby's growth and welfare, vaccines for pertussis (whooping cough), influenza and COVID-19, and discussions about mental health and antenatal education. You may be referred for ultrasounds and other tests as required, including routine blood tests, the Glucose Tolerance Test (GTT) for diabetes at 26-28 weeks and swab for Group B Streptococcus at 35-37 weeks.

Contacts

St George Hospital

Antenatal Clinic

Booking in/Appointments 9113 2162

Birth Unit 9113 2125

Sutherland Hospital

Antenatal Clinic 9540 7240

Birth Unit 9540 7981



If you require **EMERGENCY** medical help during your pregnancy

If you are **greater than 20 weeks** pregnant contact:

- St George Hospital Birth Unit on 9113 2125
- Sutherland Hospital Birth Unit on 9540 7981

If you are less than 20 weeks pregnant present to your local Emergency Department

GP Stamp and details

last amended October 2025



GP Antenatal Shared Care

Sharing your pregnancy care between your GP and the hospital

St George Hospital
Sutherland Hospital

phn
CENTRAL AND
EASTERN SYDNEY

An Australian Government Initiative

What is Antenatal Shared Care (ANSC)?

Antenatal Shared Care is a program which enables you to be cared for by your General Practitioner (GP) while you are pregnant. This GP will have gained recognition to provide shared care with St George Hospital/The Sutherland Hospital.

The program has been designed to provide you with regular and professional care throughout your pregnancy, up until the time of your baby's birth and ongoing after you leave hospital.

Who is it for?

The program is for women who are likely to have an uncomplicated pregnancy. Most visits during your pregnancy will be to your GP with occasional visits at the hospital antenatal clinics.

If problems do arise during the pregnancy, your care may be transferred to the hospital Antenatal Clinic.

What are the advantages of having Antenatal Shared Care during my pregnancy?

As most visits during your pregnancy will be with your GP, you will have flexible appointment times and avoid having to regularly travel to the hospital.

It allows you to continue receiving care from your GP before, during and after the pregnancy.



When do I discuss Antenatal Shared Care with my GP?

Ask your GP for details of the program if you are planning a pregnancy or as soon as you know you are pregnant.

If you do not have a GP, or your regular doctor is not affiliated with the Shared Care program, the staff at the hospital can help you select a Shared Care GP in your area. These GPs have experience and particular interest in providing antenatal care

Are there any costs involved?

The GP consultation is charged as per their usual rate. Hospital visits are covered by Medicare.



IMPORTANT REMINDER !

Ask your GP for a referral and book into the Antenatal Clinic as soon as your pregnancy is confirmed. Your first midwife appointment at the hospital will be scheduled for when you are 10-14 weeks pregnant.

The importance of visiting your GP early during your pregnancy

It is important to visit your GP early to discuss key information regarding your pregnancy.

This may include discussing screening tests such as reproductive carrier screening, combined first trimester screening (cFVS), non-invasive prenatal testing (NIPT) and the oral Glucose Tolerance Test, family history, vaccination status including rubella, folic acid intake and nutrition.

Some tests can only be undertaken early in pregnancy so it is important that you talk with a GP as soon as possible.

What do I need to bring to my first hospital appointment?



- Medicare Card
- Photo ID (Passport or Driver's license)
- All pregnancy pathology results and ultrasound reports

The hospital will provide you with a yellow antenatal record card at your first visit. This card needs to be brought to every visit with your GP and the hospital so that it can be updated with your latest information.