

CESPHN 2026 GP Peer Group Learning (PGL) Program

Information Sheet

The GP Peer Group Learning (PGL) program is designed to maximise the benefits of collaborative learning in a small group educational setting. It provides an ideal forum for general practitioners (GPs) to share knowledge, discuss clinical practice, and learn from one another.

The program leverages peer support, interaction, and reflective practice to enhance participants' clinical competence, knowledge, skills, attitudes, and overall performance. PGLs also foster collaboration and help strengthen team dynamics.

Program Format and Duration

The CESPHN GP PGL cycle typically spans 12 months, tailored to the needs of participating GPs. Sessions may be conducted face-to-face, online, or in a blended format combining both. Each component of the PGL cycle requires actual meetings to ensure meaningful engagement.

Program Structure

Each PGL cycle includes:

- **A mandatory planning meeting**
- **A minimum of 6 hours of cumulative interactive education meetings**
- **A mandatory review meeting**

All meetings are standalone events. The cumulative structure allows participants time to reflect on their learning and prepare for subsequent sessions.

Interactive education meetings run for at least one hour, with most groups opting for two hour sessions (excluding meals or refreshments). Typically, six interactive meetings are scheduled to help participants meet the minimum attendance requirement of 6 hours.

CPD Hours and Accreditation

- **Measuring Outcome Activity CPD hours** are awarded for attendance at the planning and review meetings.
- **Reviewing Performance Activity CPD hours** are awarded for participation in interactive education meetings.

CESPHN will calculate individual attendance and upload CPD hours to the RACGP on behalf of participants who successfully complete the PGL cycle.

GPs may also:

- Present a case study for peer and specialist review, with research and preparation hours eligible for self reported Measuring Outcome CPD Activity Hours.
- Undertake additional reading before and after each session and self report these hours as Education Activity CPD Hours.

Participants who do not complete the full cycle or miss the mandatory planning and review meetings will have Education Activity CPD hours uploaded in lieu of Measuring Outcome and Reviewing Performance CPD hours unless advised otherwise.

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CESPHN PGL Program Criteria

- Face-to-face groups are required to have a GP facilitator and venue
- The PGL cycle commences with a mandatory planning meeting and concludes with a mandatory review meeting
- Each participant must attend a minimum of 6 hours of interactive education meetings to be eligible for CPD hours submission.
- Each meeting must dedicate at least 50% of its time to case-based discussions.
- GPs are strongly encouraged to present a case or experience and receive peer feedback at least once during the cycle.
- Participants must complete an evaluation survey after each meeting, including the planning and review meetings.
- Eligibility for **Measuring Outcome Activity hours** requires attendance at both the planning and review meetings and completion of their respective evaluation surveys.
- Eligibility for **Reviewing Performance Activity hours** requires attendance at a minimum of 3 interactive education meetings (or a total of 6 hours) and completion of evaluation surveys for each session attended.

Please note, the GP PGL program is a benefit of membership, as such all participants must be a financial member of one of CESPHNs member organisations.

Central and Eastern Sydney Primary Health Network (CESPHN) run a number of GP PGLs groups across the CESPHN region.

If you are interested in joining the program, please contact:

CPD Program Officer: Peer Group Learning at events@cesphn.com.au