

# EXPRESSION OF INTEREST

## Palliative Care Residential Aged Care Home Education and Quality improvement Program

EOI release date	15/04/26
Deadline for EOI application submission	25/05/26

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## 1. Background

### Overview

Central and Eastern Sydney Primary Healthcare Network (CESPHN) is seeking expressions of interest (EOI) from Residential Age Care Homes (RACHs) interested in participating in a **Palliative Care Education and Quality Improvement (QI) Program**.

The program aims to support RACHs to strengthen their knowledge, skills, and capability of their workforce to deliver high quality, person-centred palliative and end of life care to residents, their families, and carers.

RACHs participating in the Program will be eligible for financial support of \$1,500 to undertake education and targeted palliative care QI activities.

Participating RACHs will have **12 months** from the date of signing a grant agreement to complete funded activities.

This grant opportunity is limited to **up to 50 RACHs** within the CESPHN region.

### Outcomes

The Palliative Care RACH Education and QI Program aims to strengthen capability in Residential Aged Care by supporting providers to:

- Increase staff knowledge and confidence in palliative care and end-of life care.
- Deliver care that is timely, appropriate and aligned with resident wishes and needs.
- Reduce avoidable hospital transfers.
- Improve end of life experiences for residents, families, and carers.

### Program Partners

This program will be delivered in partnership with **South Eastern Sydney Local Health District (SESLHD) and Sydney Local Health District (SLHD)** Specialist palliative care teams. Participating RACHs will have the opportunity to work directly with clinical experts to support education and mentoring.

## 2. Information about Central and Eastern Sydney PHN

Primary health networks (PHNs) have been established with the key objectives of increasing the efficiency and effectiveness of medical services for individuals, particularly those at risk of poor health outcomes. They also aim to improve coordination of care to ensure people receive the right care in the right place at the right time. PHNs are not for profit, regionally based organisations which aim to strengthen primary care by redirecting frontline health services to improve health outcomes of the community.

### Our vision

Our vision is to achieve healthy and thriving communities, and we do this by enabling high quality accessible health care. Our goals are to address community health and wellbeing needs, facilitate connected and quality care and partner to address regional challenges.

## Our region, our community

The Central and Eastern Sydney catchment spans 587 square kilometers. Our region stretches from Strathfield to Sutherland, as far east as Bondi, and includes Lord Howe Island. We are the second largest of the 31 primary health networks across Australia by population, with over 1.5 million individuals residing in our region.

Our catchment population is characterised by cultural diversity, with an estimated 16,225 (1.05 per cent of total population) identifying as Aboriginal and/or Torres Strait Islander and forty percent of our community born outside Australia, and high population growth. Our boundaries align with those of South Eastern Sydney Local Health District and Sydney Local Health District. Refer to this template list of postcodes within the CESP HN catchment area.

For more information about our region visit the 'About CESP HN' page on our website at <https://www.cesphn.org.au/>

## 3. Eligibility

### Eligible Applicant Types

To realise operational efficiencies, the program will accept applications from:

#### A. Single-Site RACH Organisations

- Your organisation operates **one (1)** Residential Aged Care Home within the CESP HN region
- You may apply for funding for **this single facility**

#### B. Multi-Site Aged Care Organisations (Separate Application forms)

- Your organisation operates **two (2) or more** RACHs within the CESP HN region
- You may apply for funding for **each single facility on separate application forms**
  - **Separate education sessions**
  - **Separate quality improvement activities**

**Combined education session(s) for multi-site organisation can be considered** (a minimum of 3-4 clinical staff from each site need to attend).

If relevant to your organisation, please reach out to [agedcare@cesphn.com.au](mailto:agedcare@cesphn.com.au)

## 4. Program activities

Successful RACHs will be required to complete the following key activities in the below order.

### Target Audiences

- Facility and Clinical Managers,
- Registered Nurses (RNs),
- Enrolled Nurses (ENs),

## 4.1 Onsite RACH Education Session

A face-to-face education session will be delivered by Local Health District (LHD) specialist palliative care staff at the participating RACH. Sessions will run for approximately **1.5 hours** and will be provided in a **lunch-and-learn format**.

This session must be attended by **at least 4 target staff members** (e.g. RN, EN, Facility and Clinical Managers).

### Session Content

Palliative care physician and medical educators Dr Hayley Worth (SESLHD) and Dr Cory Lou (SLHD) are offering education sessions to support Residential Aged Care Home staff in delivering high-quality palliative and end-of-life care.

### Sessions will cover:

- Recognising clinical deterioration
- Identifying when a resident may be entering the end of life phase
- Practical approaches to symptom assessment and management
- Supporting conversations with residents and families about:
  - Goals of care
  - Advance care planning
- After-hours escalation and communication pathways
- Medication management in the last days of life
- Supporting families and staff through bereavement

Sessions are tailored to the RACH environment and aim to build staff confidence and practical skills in caring for residents at the end of life.

\*RACHs located in SESLHD will be required to complete a post education session evaluation form as part of the BEACON Project which will be provided on the day of the session.

## 4.2 Palliative Care Quality Improvement Activities

### Required Activities

RACHs will be required to complete two ELDAC (End of life Directions for Aged Care) QI activities

1. Ten (10) completed After Death Audits via the ELDAC developed template per RACH.  
Found here: [ELDAC After Death Audit Residential V2](#)
2. Each participant in the program must complete two of the three ELDAC developed toolkits on Residential Aged Care - Clinical Care  
Toolkits include:
  - Recognise End of Life
  - Provide Palliative Care
  - Manage Dying

Link to Toolkits here: [Clinical Care - Residential Aged Care](#) \*

\*Guidance on completing the ELDAC toolkits will be sent out to each applicant

An After Death Audit and Toolkit Completion Confirmation Template and a brief reflective summary must be returned upon completion of the project.

[Death Audit and Toolkit Completion template here](#)

## 4.3 Program evaluation

All RACH staff participating in the program will be required to submit an online evaluation survey on conclusion of the program. The evaluation will capture participant feedback and reflections on learning outcomes.

## 5. Responsibilities

RACHs will be responsible for:

- Ensuring relevant clinical staff attend the on-site education and planning session and complete the post-education survey.
- Completing all required activities and associated reporting templates.
- Submitting death audit and toolkit completion template using the CESP HN reporting template.
- Meeting all outcomes and outputs as specified in the grant agreement
- Ensuring that the terms and conditions of the agreement are met.
- Maintaining communication with CESP HN and advising in a timely manner of any emerging issues affecting program completion.

## 6. Contract Term

Participating RACH will enter into a Memorandum of Agreement with CESP HN. The term of the contract is **12 months** from date signing the grant opportunity agreement, as per the Memorandum of Agreement.

The Memorandum of Agreement will form a legally binding agreement on signing by the parties. The RACH must retain all insurances outlined in the agreement.

## 7. Funding

Grant funding is determined by the **applicant type** and the **number of participating RACH sites** located within the CESP HN region.

- **Single site RACH organisations**  
\$1, 500 for one facility.
- **Multisite RACH aged care providers**  
\$1, 500 for each facility (on separate application forms).

Funding will be paid in a single instalment at the end of the program, based on the approved grant amount (excluding GST).

## 8. Submitting your application

Please read this EOI guidance and the Memorandum of Agreement prior to applying to participate in the Program. Applications can be submitted through the [CESP HN online application form](#).

# EXPRESSION OF INTEREST

**Applications will close on 25<sup>th</sup> of May 2026.**

## 10. Contact Us

All questions related to the EOI are to be directed through to [agedcare@cesphn.com.au](mailto:agedcare@cesphn.com.au)

Answers to questions asked by potential applicants will be posted on the [CESPHN webpage](#).