

The CESPHN Primary Care Innovation Grants 2025 Showcase

In 2025, Central and Eastern Sydney PHN (CESPHN) proudly launched its inaugural Primary Care Innovation Grants, supporting General Practice and Allied Health clinics across the CESPHN region. These grants enabled clinics to design and deliver innovative, locally driven projects that strengthen primary care and improve patient outcomes. Below are just some of the inspiring projects that received funding in 2025.

Kurnell Family Medical Practice

Kurnell Family Medical Practice introduced an integrated primary care model tailored to the unique needs of the community. Unlike traditional practices that rely on centralised locations, Kurnell is designed to bridge geographic and accessibility barriers by embedding a healthcare service directly with the community.

My Family Doctors

This project focussed on improving access to preventive healthcare services for culturally and linguistically diverse populations and Aboriginal and Torres Strait Islander communities. The project's innovation lies in its culturally responsive outreach model.

Wolli Medical

This project was aimed to identify elderly patients at risk of frailty and falls and implement early, practical interventions to improve strength, nutrition, and functional independence.

Exodus Foundation

The Fibro Scan Liver Health Project at The Exodus Foundation was established to improve early identification, monitoring, and management of liver disease among vulnerable and high-risk populations accessing The Rev Bill Crews Foundation services.

Woolooware Family Medical Practice

Enhancing Patient Health Through Sustainable Practice

To deliver durable improvements in infrastructure, clinical practice, and community engagement that directly and indirectly improve patient health outcomes. Cleaner air, more active lifestyles, reduced exposure to pollutants.

The goal was to implement practical, long-term changes that reduce environmental impact and improve clinical quality. To enable WFMP to become a replicable model of sustainable primary care within the PHN region.

Healthstin – Allied Health Sans Souci

The project aimed to strengthen digital systems integration and patient engagement within an allied health setting, with a focus on improving care coordination, data sharing, and access for diverse and vulnerable populations.

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Fountain Street General Practice

Establish a purpose-built Women's Health Clinic with flexible consulting spaces for medical and allied health services.

- To improve health outcomes and overall wellbeing for women in the local community.
- To provide equitable, gender-specific healthcare that is holistic, coordinated, and evidence based.
- To create a safe and compassionate environment where women feel heard, respected, and supported.

Miranda Central Medical Practice

The Primary Innovations Grant was used to implement a personalised approach to diabetes care within the general practice, with the aim of improving cardiovascular risk detection, enhancing patient education, and supporting better long-term outcomes for patients living with diabetes.

Kirrawee Family Medical Practice

This project aimed to establish comprehensive ADHD care at the primary care level.

The primary goals were to:

- Train GPs in ADHD assessment, diagnosis, and ongoing management
- Develop infrastructure and protocols for sustainable ADHD prescribing
- Reduce patient wait times for ADHD care by providing local GP access
- Build capacity among nursing and administrative staff to support ADHD patients

Paddington Doctors

A funded project to strengthen the identification, assessment and management of cardiovascular risk within general practice. The project focused on delivering structured, evidence-based Heart Health Assessments, improving preventive care pathways and embedding cardiovascular risk assessment into routine clinical workflows.

Healthstin – Allied Health Hurstville

This project focused on strengthening digital systems, communication workflows, and accessibility across Healthstin's allied health services to improve care coordination, service efficiency, and equity of access for diverse client groups. The project enabled earlier identification of previously undiagnosed or under-managed cardiovascular risk and / or conditions. Patients reported high levels of satisfaction, and clinicians reported increased confidence and consistency in cardiovascular assessment.

Body Mind Central

Advancing Patient Outcomes and Practice Standards through Digital Integration and Accreditation at Body Mind Central was an innovation project designed to improve the quality, efficiency, and accessibility of care.