

CESPHN COMMUNITY COUNCIL 2026

MEMBER PROFILES



Esta Paschalidis-Chilas OAM (Chair)

Esta Paschalidis-Chilas is the CEO of Canterbury City Community Centre (4Cs), which delivers community and aged care services across Canterbury Bankstown and the Inner West. She is strongly committed to diversity, inclusion, community building, and social justice. Esta believes in the power of values-aligned coalitions and works to ensure communities have equitable access to support and opportunities.



Chris Walker (Deputy Chair)

Chris Walker has over a decade of experience in delivering, redesigning, and governing community-managed services, particularly in mental health and youth homelessness. He is committed to ensuring services reflect how people understand and express their own needs. Now working in research, Chris focuses on how neurodivergent people's lived expertise highlights intersecting systems that reinforce structural inequity.



Adrian Prakash

Adrian Prakash, CEO and community representative for SHARE SMR Inc., is dedicated to improving health outcomes for older adults. He completed the Exercise Prescription for Falls Program through Monash University and is an accredited Stepping On Program facilitator. Adrian is widely recognised for his commitment to preventing falls in ageing populations. He is also a passionate golfer with a handicap of six.



Dr Ben Harris-Roxas

Dr Ben Harris-Roxas is an Associate Professor in the School of Population Health at the University of New South Wales, specialising in integrated care. His work focuses on improving health systems and strengthening collaboration across sectors. Ben has been a member of the Community Council since 2024, contributing expertise in evaluation, community engagement, and evidence-informed practice.

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Candy Xie

Candy Xie is a registered nurse and Senior Executive Officer at Home Ageing Services with CASS Care. With more than 10 years' experience across hospitals, residential aged care, and home-based services, she is committed to delivering high-quality, culturally responsive care. Candy focuses on meeting the needs of seniors from culturally and linguistically diverse (CALD) communities.



Cheryl Brady

Cheryl Brady is Manager of the Healthy Communities Team at South Eastern Sydney Local Health District (SESLHD) and serves as the district's representative on the Community Council. She has extensive experience in health promotion, community partnerships, and initiatives that support population wellbeing. Cheryl is committed to reducing health inequities and strengthening inclusive, community-led approaches.



Elaine Macnish

Elaine Macnish is the CEO of Newtown Neighbourhood Centre, a not-for-profit organisation serving Sydney's inner west. She leads programs that promote social connection, inclusion, and equitable access to support. Elaine is committed to building a vibrant, connected community and ensuring services respond to local needs through advocacy and strong partnerships.



Emma Dunford

Emma Dunford has worked at The Junction Neighbourhood Centre (JNC) since 2019 in several roles supporting social inclusion and wellbeing. With more than 15 years' experience across government, disability, and not-for-profit sectors, she has worked with vulnerable families, asylum seekers, and refugee communities. Emma is dedicated to reducing social isolation and strengthening community connections across the inner city and Eastern Suburbs.

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Fiona Jiang

Fiona Jiang is a community representative passionate about improving youth services. She advocates for accessible, inclusive programs that support young people's wellbeing and ensure their voices are heard in shaping community priorities.



Fiona Stevenson

Fiona Stevenson is a Practice Manager and Registered Nurse whose leadership is shaped by her lived experience caring for a child with disability and ageing parents. She is committed to equity, accessibility, and person-centred care. Fiona has extensive experience in clinical governance, operational leadership, and digital health transformation, and contributes to primary care workforce development through roles on the CESPHN Community Council, Clinical Leaders Network, and APNA Advisory Nurse Panel.



Irene Gallagher

Irene Gallagher is a psychotherapist and CEO of Moving Forward DFV Services, with more than 20 years' experience in mental health, suicide prevention, and domestic and family violence. She brings both clinical and lived experience to her governance and advocacy work. Irene is committed to trauma-informed, person-centred care and to shaping policies that support vulnerable communities.



Jen Waltmon

Jen Waltmon brings lived experience of suicide ideation, mental illness, and bereavement by suicide. She contributes to several committees and advisory groups and is the Mental Health and Suicide Prevention Lead at LGBTIQ+ Health Australia. Jen is committed to strengthening inclusive, safe, and effective mental health and suicide prevention responses.



Kate Smith

Kate Smith is Secretary for Botany Family Children's Centre and Quality specialist at Anglican Newcastle. She has extensive experience in not-for-profit leadership, organisational development, and service delivery. Kate is committed to person-centred practice and improving opportunities, independence, and inclusion for people with disability.

Louisa Lu

Louisa Lu is a community representative and dedicated advocate for community health and wellbeing. She is committed to strengthening local support systems, promoting inclusion, and ensuring communities have access to responsive, culturally appropriate services.



Matthew Halpin

Matthew Halpin is the Director of Consumer and Community Participation at Sydney Local Health District, leading partnerships that embed consumer voices in clinical governance. With more than 18 years' experience across NSW, South Australia, and the Commonwealth, he focuses on advancing person-centred care. Matthew has published widely on peer support, recovery-oriented practice, and consumer partnerships. He is the SLHD representative on the Community Council.



Natasha Stokes

Natasha Stokes has a strong leadership background across the medical, insurance, and aged care sectors. She holds a Nursing degree from UTS and is a member of the CEO Institute. Natasha has worked with aged care providers nationwide and is committed to improving care quality across Australia. She partners with organisations to support innovative, transformational change in the aged care industry.

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Nathan Johnston OAM

Nathan Johnston is a community representative and advocate for disability inclusion in sport. He received the Order of Australia Medal in 2021 for his service to disability sport. Nathan is passionate about ensuring people with disability have equitable access to sporting opportunities.



Micheal Kundukulam

Michael is the Manager of Integrated Care at Sydney Children's Hospital Network (SCHN) and serves as the Network's representative on the Community Council. He leads initiatives that strengthen coordinated, family-centred care across paediatric services and is committed to improving outcomes for children and young people.



Rani Param

Rani Param is the Manager for Community Life at Bayside Council and the Council's representative on the CESPHN Community Council. She is a passionate health promotion and community development professional with extensive experience in fostering healthy, inclusive communities. Rani has worked across federal and local government roles around Australia.



Shaylee Matthews

Shaylee Matthews is the Chair of CESPHN's Aboriginal Advisory Committee and has served since its inception. A descendant of the Anawain and Gomeroi Nations, she grew up on Wonnaurua Country before relocating to Sydney in 2015. Shaylee brings lived experience across physical health and social and emotional wellbeing and advocates for improved outcomes for Aboriginal communities.

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Dr Siupeli Haukoloa- Paea

Dr Siupeli Haukoloa-Paea is the Interim Executive Director for First Nations at St Vincent's Health Network Sydney, leading Aboriginal and Torres Strait Islander health strategy and service delivery. A proud descendant of the Kaiwalagal and Kaurareg Nations and the Kingdom of Tonga, he is committed to health equity, cultural safety, and community-led care. Siupeli has pursued extensive studies in health and medicine and is the St Vincent's representative on the Community Council.



Tina Schembri

Tina Schembri is the Director of Stakeholder Engagement at CatholicCare Sydney, overseeing marketing, communications, digital strategy, media, philanthropy, government advocacy, and strategic partnerships across more than 40 social service programs. She is committed to strengthening community impact through effective engagement.



Trina Soulos

Trina Soulos is a social worker and Manager of Community Development at Randwick City Council, where she represents the Council on the CESPHN Community Council. She is committed to fostering inclusive, connected communities and leads initiatives that support local participation, wellbeing, and social cohesion.